

Center of Light



HOST
KEITA ANTHONY BLANCHARD

Radio

Rev. Maria Felipe

1
00:00:47,140 --> 00:00:03,290
you're listening to Ira the inception

2
00:01:09,270 --> 00:01:02,780
since

3
00:01:11,910 --> 00:01:09,280
welcome to centre of light radio with

4
00:01:14,429 --> 00:01:11,920
spiritual teacher intuitive musician

5
00:01:16,679 --> 00:01:14,439
composer and best-selling author of the

6
00:01:19,350 --> 00:01:16,689
Divine Principle anchoring heaven on

7
00:01:22,980 --> 00:01:19,360
earth your host Keith Anthony Blanchard

8
00:01:25,020 --> 00:01:22,990
yes I am that guy I am who he says i am

9
00:01:28,350 --> 00:01:25,030
this is keith anthony blanchett your

10
00:01:32,010 --> 00:01:28,360
host stand of light radio center of

11
00:01:36,090 --> 00:01:32,020
divine unfoldment and re-enforcement

12
00:01:41,730 --> 00:01:36,100
strap in all ye spiritual astronauts as

13
00:01:45,630 --> 00:01:41,740

we launch for inner space I want to give

14

00:01:47,910 --> 00:01:45,640

a shout out to Dana T in Half Moon Bay

15

00:01:49,499 --> 00:01:47,920

California she said she was going to

16

00:01:51,840 --> 00:01:49,509

listen to the show today so I wanted to

17

00:01:53,520 --> 00:01:51,850

let her know that I appreciate your

18

00:01:55,080 --> 00:01:53,530

presence here on center of light radio

19

00:01:58,109 --> 00:01:55,090

make sure you go to center of light

20

00:02:00,149 --> 00:01:58,119

radio comm check out this really cool

21

00:02:02,999 --> 00:02:00,159

backside I'm really website i'm really

22

00:02:05,010 --> 00:02:03,009

proud of the images i have there it's a

23

00:02:06,270 --> 00:02:05,020

really it's an eye appealing site so

24

00:02:08,009 --> 00:02:06,280

make sure but they don't forget about

25

00:02:10,529 --> 00:02:08,019

the content the content is really cool

26

00:02:12,569 --> 00:02:10,539

the archives update of all the recent

27

00:02:14,970 --> 00:02:12,579

center of light shows this is probably

28

00:02:19,110 --> 00:02:14,980

my fourth or fifth show and I'm grateful

29

00:02:20,940 --> 00:02:19,120

to the inception network team what a

30

00:02:23,400 --> 00:02:20,950

great team it'll just having a

31

00:02:26,759 --> 00:02:23,410

conversation with Joe in the radio

32

00:02:30,300 --> 00:02:26,769

greenroom about the India the beauty of

33

00:02:32,039 --> 00:02:30,310

just showing a microphone and not having

34

00:02:33,900 --> 00:02:32,049

the X and the stress that comes with

35

00:02:36,840 --> 00:02:33,910

other radio platforms but I'm grateful

36

00:02:40,080 --> 00:02:36,850

to inception radio network when you go

37

00:02:42,360 --> 00:02:40,090

to center of light radio website um make

38

00:02:43,890 --> 00:02:42,370

sure you check out all my creations all

39

00:02:46,050 --> 00:02:43,900

my books my bestseller the Divine

40

00:02:48,479 --> 00:02:46,060

Principle anchoring heaven on earth my

41

00:02:51,059 --> 00:02:48,489

children's book series modeled after my

42

00:02:53,129 --> 00:02:51,069

ten-year-old boy titled Eden sky wonders

43

00:02:56,490 --> 00:02:53,139

wine of course his name is Eden sky and

44

00:02:59,520 --> 00:02:56,500

my newest release about my pilgrimage to

45

00:03:01,860 --> 00:02:59,530

South India to hang out with a divine

46

00:03:04,710 --> 00:03:01,870

man an avatar came to me in a dream

47

00:03:07,440 --> 00:03:04,720

three months later after this dream I'm

48

00:03:10,770 --> 00:03:07,450

on the way across the pond to South

49

00:03:14,640 --> 00:03:10,780

India to mix and mingle with this divine

50

00:03:15,780 --> 00:03:14,650

man this book is about my experience

51
00:03:19,110 --> 00:03:15,790
that I brought a tape recorder and

52
00:03:20,470 --> 00:03:19,120
logged the entire journey phenomenal

53
00:03:24,880 --> 00:03:20,480
book it's called for the love of

54
00:03:26,680 --> 00:03:24,890
a spiritual journey also you will find

55
00:03:29,649 --> 00:03:26,690
links from the centre of light radio com

56
00:03:32,170 --> 00:03:29,659
website to my other projects do what you

57
00:03:35,979 --> 00:03:32,180
love a path to passionate passionate

58
00:03:38,350 --> 00:03:35,989
living spiritual documentary made about

59
00:03:41,800 --> 00:03:38,360
my life really about you actually

60
00:03:43,800 --> 00:03:41,810
telling you that you can move about the

61
00:03:47,680 --> 00:03:43,810
world living your passion and be

62
00:03:51,990 --> 00:03:47,690
successful whatever successful means to

63
00:03:54,699 --> 00:03:52,000

you and finally also there you will find

64

00:03:56,589 --> 00:03:54,709

Keith Anthony Blanchard comlinks and

65

00:03:58,690 --> 00:03:56,599

make sure you check out the free

66

00:04:00,729 --> 00:03:58,700

anchoring heaven on earth audio

67

00:04:02,530 --> 00:04:00,739

meditation it's done by myself really

68

00:04:04,030 --> 00:04:02,540

cool music you suggest you put some

69

00:04:06,550 --> 00:04:04,040

headphones on check out the stereo

70

00:04:09,580 --> 00:04:06,560

imaging that happens the painting back

71

00:04:12,789 --> 00:04:09,590

and forth really really cool also

72

00:04:16,800 --> 00:04:12,799

remember that um if you want to call

73

00:04:19,629 --> 00:04:16,810

into the show you can dial 8 8 8 9 192

74

00:04:21,340 --> 00:04:19,639

355 remember if you're not at home and

75

00:04:23,620 --> 00:04:21,350

you want to hear your favorite show you

76

00:04:26,650 --> 00:04:23,630

can go to the App Store on your phone

77

00:04:29,620 --> 00:04:26,660

and download the inception radio network

78

00:04:31,629 --> 00:04:29,630

app for free everything you need is at

79

00:04:35,620 --> 00:04:31,639

your fingertips chat room listen live

80

00:04:38,110 --> 00:04:35,630

links news podcast much more and always

81

00:04:43,750 --> 00:04:38,120

remember there are many ways to connect

82

00:04:46,089 --> 00:04:43,760

you inception radio network now it's

83

00:04:51,610 --> 00:04:46,099

time to get down to center of light

84

00:04:54,300 --> 00:04:51,620

radial business my guest today it's miss

85

00:04:59,980 --> 00:04:54,310

Maria Felipe and we will be discussing

86

00:05:03,310 --> 00:04:59,990

it's an inside job Maria says it's an

87

00:05:05,800 --> 00:05:03,320

inside job we look for love validation

88

00:05:09,279 --> 00:05:05,810

and success outside even when we are

89

00:05:11,620 --> 00:05:09,289

spiritual we do I know she says I lived

90

00:05:14,529 --> 00:05:11,630

it after reading hundreds of self-help

91

00:05:16,900 --> 00:05:14,539

books with no results I finally found

92

00:05:20,529 --> 00:05:16,910

the missing ingredient i will share what

93

00:05:24,250 --> 00:05:20,539

that is when we put into practice you

94

00:05:27,490 --> 00:05:24,260

would experience amazing result okay a

95

00:05:29,529 --> 00:05:27,500

little more about my guest today Maria

96

00:05:31,810 --> 00:05:29,539

Felipe is an ordained minister through

97

00:05:33,629 --> 00:05:31,820

pathways of light which she uses to help

98

00:05:36,879 --> 00:05:33,639

people quiet their mind

99

00:05:40,020 --> 00:05:36,889

hear their inner guidance and connect to

100

00:05:42,340 --> 00:05:40,030

God Maria has taken her love as a

101

00:05:44,560 --> 00:05:42,350

reverent and student of the course in

102

00:05:48,600 --> 00:05:44,570

miracles to create her own channel on

103

00:05:51,010 --> 00:05:48,610

YouTube by hosting Maria coconut TV

104

00:05:53,170 --> 00:05:51,020

asher go geared towards inspiring

105

00:05:55,480 --> 00:05:53,180

sharing and expanding the message of

106

00:05:58,840 --> 00:05:55,490

love by interviewing other spiritual

107

00:06:01,030 --> 00:05:58,850

leaders her passion to inspire helped

108

00:06:04,210 --> 00:06:01,040

her start the first saanich ministry at

109

00:06:07,450 --> 00:06:04,220

unity of Burbank where she always speaks

110

00:06:10,330 --> 00:06:07,460

on rotation at the English service Maria

111

00:06:12,240 --> 00:06:10,340

also can be seen on TV film commercials

112

00:06:16,000 --> 00:06:12,250

and modeling both nationally and

113

00:06:19,360 --> 00:06:16,010

internationally originally from miami as

114

00:06:21,580 --> 00:06:19,370

she would say she moved to pursue her

115

00:06:23,560 --> 00:06:21,590

dreams in Hollywood as an actress and

116

00:06:26,379 --> 00:06:23,570

model after great success in her field

117

00:06:28,600 --> 00:06:26,389

she felt called inward after a series of

118

00:06:30,520 --> 00:06:28,610

events in her life she was encouraged to

119

00:06:33,190 --> 00:06:30,530

become a reverend at pathways of light

120

00:06:36,690 --> 00:06:33,200

based on a course in miracles and became

121

00:06:39,460 --> 00:06:36,700

ordained in november two thousand twelve

122

00:06:41,200 --> 00:06:39,470

she had always been deeply moved by the

123

00:06:44,230 --> 00:06:41,210

teachings of a course in miracle and

124

00:06:45,730 --> 00:06:44,240

jumped in Maria began sharing her

125

00:06:47,860 --> 00:06:45,740

message with the world speaking in

126
00:06:52,180 --> 00:06:47,870
Greece Mexico and appearing on national

127
00:06:56,380 --> 00:06:52,190
television CNN Latino coffee break and

128
00:06:57,940 --> 00:06:56,390
two vision canal 2015 Maria was a

129
00:07:01,150 --> 00:06:57,950
presenter and A Course in Miracles

130
00:07:03,430 --> 00:07:01,160
conference in New York I want to welcome

131
00:07:06,670 --> 00:07:03,440
to the center of light radio miss Maria

132
00:07:08,409 --> 00:07:06,680
Felipe hola awesome thank you for that

133
00:07:10,330 --> 00:07:08,419
introduction Keith I'm so happy to be

134
00:07:13,750 --> 00:07:10,340
here I was as I was saying before we got

135
00:07:17,320 --> 00:07:13,760
on the call I always get very excited of

136
00:07:20,379 --> 00:07:17,330
about sharing about all these concepts

137
00:07:24,969 --> 00:07:20,389
and love and happiness so I'm excited to

138
00:07:28,360 --> 00:07:24,979

be here thank you you in the last mmm

139

00:07:33,010 --> 00:07:28,370

eight months you have been one busy

140

00:07:35,590 --> 00:07:33,020

little bee well I think that you

141

00:07:37,960 --> 00:07:35,600

actually call that glamour cross the

142

00:07:39,810 --> 00:07:37,970

world and I'm just wow that what you're

143

00:07:42,010 --> 00:07:39,820

doing tell me more about that sweetie

144

00:07:44,320 --> 00:07:42,020

well I think that you should share

145

00:07:46,480 --> 00:07:44,330

because um I know you we've talked in

146

00:07:47,590 --> 00:07:46,490

the past and you actually had told me

147

00:07:48,670 --> 00:07:47,600

Maria a lot of great

148

00:07:53,980 --> 00:07:48,680

things are going to happen for you

149

00:07:55,390 --> 00:07:53,990

remember that yeah I do I I don't know

150

00:07:58,290 --> 00:07:55,400

how Marie when you and I had a

151
00:08:00,610 --> 00:07:58,300
conversation sometime back last year um

152
00:08:02,650 --> 00:08:00,620
you know I wasn't thinking about doing

153
00:08:05,050 --> 00:08:02,660
intuition work for Marie my god I'm on

154
00:08:06,700 --> 00:08:05,060
the radio having a dialogue and just

155
00:08:08,980 --> 00:08:06,710
like something cracked me open and said

156
00:08:13,240 --> 00:08:08,990
and form of what's coming down the pike

157
00:08:15,490 --> 00:08:13,250
and lo and behold here it is yes yes and

158
00:08:17,110 --> 00:08:15,500
you actually really told me you're like

159
00:08:20,470 --> 00:08:17,120
Maria a lot of great things are going to

160
00:08:21,490 --> 00:08:20,480
happen to you happen for you and you had

161
00:08:23,200 --> 00:08:21,500
actually mentioned that I would be

162
00:08:25,890 --> 00:08:23,210
traveling and things like that so I

163
00:08:29,830 --> 00:08:25,900

think you know your little psychic there

164

00:08:32,400 --> 00:08:29,840

yeah uh you know and I i don't i never

165

00:08:36,279 --> 00:08:32,410

found myself giving readings on the air

166

00:08:38,409 --> 00:08:36,289

especially publicly in case I'm wrong I

167

00:08:39,880 --> 00:08:38,419

I had no choice in the matter it just

168

00:08:42,850 --> 00:08:39,890

came out but I'm glad things really

169

00:08:44,800 --> 00:08:42,860

really moving for you I'm sure the

170

00:08:46,510 --> 00:08:44,810

traveling must be nice I'm sure your

171

00:08:48,970 --> 00:08:46,520

hearts and what you're doing so you just

172

00:08:52,900 --> 00:08:48,980

blissful day in and day out I'm sure

173

00:08:54,910 --> 00:08:52,910

living this passion of yours yes well I

174

00:08:56,410 --> 00:08:54,920

live a life of trust which I'll get into

175

00:08:58,420 --> 00:08:56,420

a little bit later because that's one of

176

00:09:00,610 --> 00:08:58,430

the key key things of really living a

177

00:09:04,060 --> 00:09:00,620

very happy and peaceful life is having

178

00:09:07,540 --> 00:09:04,070

trust what's not the typical trust that

179

00:09:09,160 --> 00:09:07,550

the society knows as a definition of

180

00:09:11,740 --> 00:09:09,170

trust is a different type of trust which

181

00:09:15,310 --> 00:09:11,750

I'll go over but I live a life of trust

182

00:09:17,800 --> 00:09:15,320

so hence things flow and I wasn't really

183

00:09:19,690 --> 00:09:17,810

looking to travel it's not something

184

00:09:22,300 --> 00:09:19,700

that was in my agenda or I was in trying

185

00:09:24,900 --> 00:09:22,310

to make it happen but it came into my

186

00:09:28,690 --> 00:09:24,910

life and I really listened to symbols

187

00:09:31,570 --> 00:09:28,700

manages and I felt that that was the way

188

00:09:33,010 --> 00:09:31,580

to to go and I have I as you had

189

00:09:34,480 --> 00:09:33,020

mentioned I was at the Course in

190

00:09:35,830 --> 00:09:34,490

Miracles conference because I am A

191

00:09:37,600 --> 00:09:35,840

Course in Miracles teacher and I was

192

00:09:42,130 --> 00:09:37,610

presenting in New York with other

193

00:09:44,140 --> 00:09:42,140

amazing presenters as well and it's just

194

00:09:45,760 --> 00:09:44,150

a wonderful opportunity to meet other

195

00:09:47,320 --> 00:09:45,770

people especially at that conference i

196

00:09:49,840 --> 00:09:47,330

think it was about I was sold out there

197

00:09:51,670 --> 00:09:49,850

was over 500 people there so I was able

198

00:09:53,200 --> 00:09:51,680

to also meet students of mine that study

199

00:09:54,670 --> 00:09:53,210

with me in person so that was nice

200

00:09:57,760 --> 00:09:54,680

because a lot of my students don't live

201
00:09:59,440 --> 00:09:57,770
in LA and I should be so great to get

202
00:10:01,000 --> 00:09:59,450
out and to be able to share this message

203
00:10:03,220 --> 00:10:01,010
with with the

204
00:10:06,040 --> 00:10:03,230
world and then last year was also in

205
00:10:07,840 --> 00:10:06,050
Greece for about a week doing a retreat

206
00:10:09,430 --> 00:10:07,850
there and I was able to meet people from

207
00:10:11,830 --> 00:10:09,440
Greece I was able to meet people from

208
00:10:15,070 --> 00:10:11,840
Switzerland you know London people in

209
00:10:17,920 --> 00:10:15,080
Europe so it's been wonderful to expand

210
00:10:21,220 --> 00:10:17,930
that way I'm very grateful and it's been

211
00:10:22,180 --> 00:10:21,230
going very well as you can see so thank

212
00:10:25,150 --> 00:10:22,190
you for letting me know was going to

213
00:10:27,430 --> 00:10:25,160

happen before happen brother well like

214

00:10:30,280 --> 00:10:27,440

like you said you had no no desire

215

00:10:32,770 --> 00:10:30,290

really to travel parallel with that I

216

00:10:34,870 --> 00:10:32,780

had no desire really do forecast your

217

00:10:36,940 --> 00:10:34,880

future on the air so I think they were

218

00:10:38,260 --> 00:10:36,950

one in the same I guess we both had to

219

00:10:40,450 --> 00:10:38,270

get out the way and let what was gonna

220

00:10:42,460 --> 00:10:40,460

happen happen so tell me what is it

221

00:10:46,240 --> 00:10:42,470

you're up to now what are you into what

222

00:10:47,980 --> 00:10:46,250

are you doing well what I'm doing right

223

00:10:51,040 --> 00:10:47,990

now I always say I'm extending love

224

00:10:54,010 --> 00:10:51,050

that's what I like to do best so within

225

00:10:56,440 --> 00:10:54,020

extending love I have a ministry here in

226

00:10:58,060 --> 00:10:56,450

Los Angeles it's at unity of burbank I

227

00:11:00,370 --> 00:10:58,070

speaking there i'm a spiritual leader there

228

00:11:02,080 --> 00:11:00,380

and i run the spanish ministry there

229

00:11:05,260 --> 00:11:02,090

what that means is that i basically

230

00:11:07,870 --> 00:11:05,270

founded it and I speak there every first

231

00:11:11,170 --> 00:11:07,880

Sunday of the month I also run a group

232

00:11:12,880 --> 00:11:11,180

actually tonight Monday night here it's

233

00:11:16,180 --> 00:11:12,890

a little earlier because we're in a min

234

00:11:17,800 --> 00:11:16,190

la time of which I have a lot of course

235

00:11:19,450 --> 00:11:17,810

students like about 20 that go to this

236

00:11:22,990 --> 00:11:19,460

group and we talked about the Course in

237

00:11:25,360 --> 00:11:23,000

Miracles principles and I also do

238

00:11:27,730 --> 00:11:25,370

one-on-one counseling here in my home

239

00:11:29,860 --> 00:11:27,740

but i also have a lot of students i have

240

00:11:31,540 --> 00:11:29,870

a lot of ministerial students from

241

00:11:33,610 --> 00:11:31,550

pathways of light which is based on the

242

00:11:34,930 --> 00:11:33,620

course of miracles so there's a lot of

243

00:11:37,030 --> 00:11:34,940

people out there that want to become

244

00:11:39,280 --> 00:11:37,040

ministers not to become ministers to be

245

00:11:41,310 --> 00:11:39,290

a minister mainly for for inner growth

246

00:11:43,810 --> 00:11:41,320

for understanding the course better

247

00:11:45,220 --> 00:11:43,820

understanding our inner journey you know

248

00:11:47,170 --> 00:11:45,230

i think that you have mentioned earlier

249

00:11:49,390 --> 00:11:47,180

our inner space which is such a

250

00:11:50,860 --> 00:11:49,400

beautiful concept at the beginning I was

251

00:11:55,000 --> 00:11:50,870

like okay I'm on the right show that's

252

00:11:57,040 --> 00:11:55,010

for sure so that's what the courses are

253

00:11:59,470 --> 00:11:57,050

about is really about coming back to

254

00:12:01,630 --> 00:11:59,480

that inner space which is where the true

255

00:12:04,090 --> 00:12:01,640

freedom lies and that's what i've been

256

00:12:05,530 --> 00:12:04,100

doing so I'm very busy with that I know

257

00:12:08,650 --> 00:12:05,540

that you know I'm i do acting and

258

00:12:10,450 --> 00:12:08,660

hosting and I and I still do that I'm

259

00:12:11,950 --> 00:12:10,460

getting back a little bit more back into

260

00:12:13,660 --> 00:12:11,960

that but my ministry is taking a lot of

261

00:12:14,329 --> 00:12:13,670

my time and which I'm happy about

262

00:12:17,259 --> 00:12:14,339

because it's

263

00:12:19,850 --> 00:12:17,269

very fulfilling purpose it's different

264

00:12:22,189 --> 00:12:19,860

I've watched some of your commercials

265

00:12:24,679 --> 00:12:22,199

the McDonalds commercials and many many

266

00:12:26,840 --> 00:12:24,689

of the others you are really good at I

267

00:12:30,799 --> 00:12:26,850

mean you fit the role you can you can

268

00:12:32,210 --> 00:12:30,809

morph it into any role when my guests

269

00:12:35,840 --> 00:12:32,220

come on the show and they bring up the

270

00:12:39,379 --> 00:12:35,850

word love I will always call them on it

271

00:12:41,869 --> 00:12:39,389

so to speak what is love to you because

272

00:12:45,110 --> 00:12:41,879

this show the center of light radio is

273

00:12:47,449 --> 00:12:45,120

truly about illuminating the listening

274

00:12:51,619 --> 00:12:47,459

audience from people such as yourself

275

00:12:53,780 --> 00:12:51,629

who are walking the talk so it most

276

00:12:57,110 --> 00:12:53,790

people have an erroneous definition of

277

00:12:58,879 --> 00:12:57,120

what love actually is and matter of fact

278

00:13:01,009 --> 00:12:58,889

david matthew brown our dear friend was

279

00:13:04,999 --> 00:13:01,019

on the show last week and he gave us his

280

00:13:07,540 --> 00:13:05,009

take um very beautifully on love what is

281

00:13:10,129 --> 00:13:07,550

love what is this love that you give

282

00:13:13,639 --> 00:13:10,139

love well the first thing that comes up

283

00:13:16,040 --> 00:13:13,649

for me is I'm gonna I'm gonna expand on

284

00:13:18,139 --> 00:13:16,050

it of course but it is it's a great

285

00:13:22,129 --> 00:13:18,149

question when I think of love I just

286

00:13:24,139 --> 00:13:22,139

think of love so it's that space right

287

00:13:27,949 --> 00:13:24,149

the space that exists now it's just it

288

00:13:29,869 --> 00:13:27,959

is right but to expand on it the course

289

00:13:31,850 --> 00:13:29,879

of miracles which is what I study and

290

00:13:32,749 --> 00:13:31,860

what I teach would say that love is you

291

00:13:35,090 --> 00:13:32,759

know there's so many characteristics

292

00:13:37,549 --> 00:13:35,100

within love which is love the love that

293

00:13:40,220 --> 00:13:37,559

I that meet what love means to me is

294

00:13:42,650 --> 00:13:40,230

that there's no conditions there's no

295

00:13:46,220 --> 00:13:42,660

judgments with in love there's full

296

00:13:49,249 --> 00:13:46,230

acceptance love is not exclusive it's

297

00:13:54,040 --> 00:13:49,259

inclusive those are all characteristics

298

00:13:56,660 --> 00:13:54,050

of what love is for me now at all times

299

00:13:59,419 --> 00:13:56,670

how can we live that love because you're

300

00:14:02,269 --> 00:13:59,429

saying how do we walk the talk well it's

301
00:14:04,369 --> 00:14:02,279
very important self love which is how

302
00:14:06,410 --> 00:14:04,379
are we being with ourselves what

303
00:14:09,019 --> 00:14:06,420
thoughts are we thinking you know

304
00:14:12,319 --> 00:14:09,029
constantly for me it's the second within

305
00:14:13,850 --> 00:14:12,329
the second saying to myself what

306
00:14:16,970 --> 00:14:13,860
thoughts of love can i have about myself

307
00:14:18,739 --> 00:14:16,980
now so what thought what what what would

308
00:14:23,210 --> 00:14:18,749
be a thought of love thought of love

309
00:14:25,610 --> 00:14:23,220
would be I am whole I am complete I am

310
00:14:28,160 --> 00:14:25,620
perfect a thought that's not coming from

311
00:14:32,090 --> 00:14:28,170
a love would be I am separate

312
00:14:33,889 --> 00:14:32,100
I'm not enough so there's all we're

313
00:14:37,069 --> 00:14:33,899

constantly thinking all the time so I

314

00:14:39,710 --> 00:14:37,079

think that one of the ways to to live a

315

00:14:42,110 --> 00:14:39,720

loving life to live that love is to be

316

00:14:43,940 --> 00:14:42,120

aware of your thoughts what are you

317

00:14:46,100 --> 00:14:43,950

choosing what loving thoughts are you

318

00:14:47,540 --> 00:14:46,110

having about yourself what loving

319

00:14:50,540 --> 00:14:47,550

thoughts are you having about another

320

00:14:53,569 --> 00:14:50,550

without lifting a finger right i mean i

321

00:14:55,100 --> 00:14:53,579

can send i can think a lot of loving

322

00:14:57,410 --> 00:14:55,110

thoughts about my dad i mean i think my

323

00:15:00,920 --> 00:14:57,420

dad's listening today huh hopefully hi

324

00:15:02,629 --> 00:15:00,930

Daddy if you're listening he's in Miami

325

00:15:06,430 --> 00:15:02,639

but I could even though I'm not with him

326

00:15:10,069 --> 00:15:06,440

I can share my love for him in my mind

327

00:15:13,040 --> 00:15:10,079

so I can send him love in my mind I

328

00:15:14,840 --> 00:15:13,050

think about him in a loving way versus

329

00:15:17,990 --> 00:15:14,850

in any judgment type of way does that

330

00:15:20,660 --> 00:15:18,000

make sense absolutely and I agree with

331

00:15:23,329 --> 00:15:20,670

all your definitions and descriptions of

332

00:15:25,639 --> 00:15:23,339

love it's non-judgmental it's allowing

333

00:15:27,379 --> 00:15:25,649

there are no conditions you know like I

334

00:15:29,960 --> 00:15:27,389

said with David last week a lot of

335

00:15:31,879 --> 00:15:29,970

people think love is this emotional

336

00:15:33,949 --> 00:15:31,889

sentiment that you have for someone in

337

00:15:36,139 --> 00:15:33,959

relationship but it that is only the

338

00:15:38,689 --> 00:15:36,149

very superficial layer of the onion it

339

00:15:40,610 --> 00:15:38,699

goes much much deeper than that in one

340

00:15:43,550 --> 00:15:40,620

in your definition of love you describe

341

00:15:46,449 --> 00:15:43,560

this wholeness so recently on Facebook

342

00:15:49,460 --> 00:15:46,459

someone posts scientists discovered

343

00:15:51,889 --> 00:15:49,470

scientists believe that the universe is

344

00:15:53,750 --> 00:15:51,899

a hologram of course it's a haha cramp

345

00:15:57,290 --> 00:15:53,760

do you look at the definition a hologram

346

00:15:59,810 --> 00:15:57,300

in every fragment of this hologram is

347

00:16:03,319 --> 00:15:59,820

the hole and so if we look to scripture

348

00:16:05,120 --> 00:16:03,329

and God is omnipresent definition about

349

00:16:07,280 --> 00:16:05,130

the present present in all places at all

350

00:16:10,730 --> 00:16:07,290

times so that means the wholeness is

351

00:16:13,309 --> 00:16:10,740

inherent in every fragment so just like

352

00:16:16,130 --> 00:16:13,319

a hologram there's light in every

353

00:16:21,050 --> 00:16:16,140

fragment making the hole in a

354

00:16:23,120 --> 00:16:21,060

multi-faceted universe you did you do

355

00:16:26,930 --> 00:16:23,130

some work recently or in the past with

356

00:16:29,689 --> 00:16:26,940

Michael Beckwith is that right Michael

357

00:16:31,910 --> 00:16:29,699

Beckwith no I know if I know of him I

358

00:16:34,730 --> 00:16:31,920

know of him but no the one that I think

359

00:16:38,509 --> 00:16:34,740

did work with him was David was David

360

00:16:41,759 --> 00:16:38,519

primary yeah yeah I haven't done work

361

00:16:44,400 --> 00:16:41,769

with him so tell me about

362

00:16:47,549 --> 00:16:44,410

you were going to get into the subject

363

00:16:49,559 --> 00:16:47,559

of trust in a much deeper way than we

364

00:16:53,549 --> 00:16:49,569

probably know trust to be tell me about

365

00:16:56,939 --> 00:16:53,559

that yay this is gonna be fun are you

366

00:16:59,100 --> 00:16:56,949

ready I got my baby super one and I'm

367

00:17:02,669 --> 00:16:59,110

ready to dive in I'm a high diving board

368

00:17:05,490 --> 00:17:02,679

waiting for your lead I love your sense

369

00:17:07,230 --> 00:17:05,500

of humor keep truck you know you know

370

00:17:08,819 --> 00:17:07,240

this is what i love about spirituality

371

00:17:10,350 --> 00:17:08,829

to you know i always tell people it's

372

00:17:14,549 --> 00:17:10,360

fun it's joyful you know let's have a

373

00:17:16,710 --> 00:17:14,559

good time right um trust so the worldly

374

00:17:19,350 --> 00:17:16,720

trust that we're taught what Trust is

375

00:17:22,740 --> 00:17:19,360

you know we would say trust is is I

376

00:17:24,750 --> 00:17:22,750

trust you I'm using you as an example k

377

00:17:29,750 --> 00:17:24,760

Keith so I trust you because you've

378

00:17:33,000 --> 00:17:29,760

behaved well or I trust you because I

379

00:17:34,740 --> 00:17:33,010

have GF Jesus and you don't or take this

380

00:17:36,630 --> 00:17:34,750

whole I trust you because you're a

381

00:17:38,909 --> 00:17:36,640

certain way right this is the type of

382

00:17:40,970 --> 00:17:38,919

trust that some sometimes the world the

383

00:17:44,519 --> 00:17:40,980

concept the world thinks the concept is

384

00:17:48,629 --> 00:17:44,529

the trust that I'm talking about is a

385

00:17:50,250 --> 00:17:48,639

trust that is a trust of that inner

386

00:17:51,620 --> 00:17:50,260

space I'm going back to that word

387

00:17:56,430 --> 00:17:51,630

because I really like that you use that

388

00:17:58,560 --> 00:17:56,440

um a trust of that inner wisdom a trust

389

00:18:01,110 --> 00:17:58,570

in really knowing that everything comes

390

00:18:03,510 --> 00:18:01,120

from within and you're guided fully and

391

00:18:06,570 --> 00:18:03,520

my work the type of work that I do with

392

00:18:09,029 --> 00:18:06,580

my students is that I'm just

393

00:18:10,980 --> 00:18:09,039

facilitating them and then being able to

394

00:18:13,310 --> 00:18:10,990

release all the barriers so that they

395

00:18:16,590 --> 00:18:13,320

can listen to their internal teacher

396

00:18:18,330 --> 00:18:16,600

because we all have the answer within us

397

00:18:22,049 --> 00:18:18,340

every single one of us nobody's

398

00:18:24,810 --> 00:18:22,059

different we all have a voice a divine

399

00:18:28,129 --> 00:18:24,820

voice that knows exactly what to say

400

00:18:31,649 --> 00:18:28,139

what to do where to be everything it

401
00:18:34,980 --> 00:18:31,659
completely guides you if if you're

402
00:18:38,100 --> 00:18:34,990
willing to listen so it's that it's that

403
00:18:40,889 --> 00:18:38,110
trust within that trust is to really

404
00:18:43,519 --> 00:18:40,899
letting go of having to manipulate

405
00:18:46,200 --> 00:18:43,529
things or having to make anything happen

406
00:18:49,409 --> 00:18:46,210
because when you are trusting it just

407
00:18:51,120 --> 00:18:49,419
happens and within that trust you also

408
00:18:53,070 --> 00:18:51,130
let go of things being a big deal

409
00:18:55,549 --> 00:18:53,080
because you know that everything is

410
00:18:59,509 --> 00:18:55,559
perfect exactly how it is so if you

411
00:19:01,340 --> 00:18:59,519
receive some bad news in the mail you

412
00:19:03,110 --> 00:19:01,350
won't make it meet anything because you

413
00:19:05,749 --> 00:19:03,120

trust and you know that that's not the

414

00:19:06,799 --> 00:19:05,759

truth about you and you trust that self

415

00:19:10,519 --> 00:19:06,809

that knows that you're going to be all

416

00:19:13,159 --> 00:19:10,529

right so that's it's very very powerful

417

00:19:15,080 --> 00:19:13,169

and it's really changed my experience

418

00:19:17,869 --> 00:19:15,090

that's why I share about it a lot so

419

00:19:21,860 --> 00:19:17,879

equally said differently everything is a

420

00:19:24,769 --> 00:19:21,870

big deal so are you saying that trust is

421

00:19:31,999 --> 00:19:24,779

the key it's the master key that unlocks

422

00:19:33,710 --> 00:19:32,009

the door to guidance i would say i would

423

00:19:37,700 --> 00:19:33,720

say it's an element of it i would say

424

00:19:40,519 --> 00:19:37,710

the master key would be peace why

425

00:19:44,049 --> 00:19:40,529

because we must come back to state of

426

00:19:46,039 --> 00:19:44,059

peace so we're able to listen and

427

00:19:48,889 --> 00:19:46,049

there's a lot of people that always say

428

00:19:51,109 --> 00:19:48,899

oh you know I I want this and then I'll

429

00:19:54,409 --> 00:19:51,119

have peace or if I have that I have

430

00:19:57,409 --> 00:19:54,419

peace but our goal is always piece first

431

00:19:59,029 --> 00:19:57,419

so it's always at least for me you know

432

00:20:01,909 --> 00:19:59,039

i have no problem saying the world god

433

00:20:04,580 --> 00:20:01,919

but i always say you know all i want is

434

00:20:06,830 --> 00:20:04,590

a piece of god it's very powerful

435

00:20:09,859 --> 00:20:06,840

statement it's not only saying it it's

436

00:20:11,480 --> 00:20:09,869

really willing and open into wanting

437

00:20:13,249 --> 00:20:11,490

that because when your when your desire

438

00:20:16,249 --> 00:20:13,259

when your goal is only i want the peace

439

00:20:17,419 --> 00:20:16,259

of god if people you know don't feel

440

00:20:19,279 --> 00:20:17,429

comfortable with the word god that's

441

00:20:21,440 --> 00:20:19,289

fine you can say love light you know

442

00:20:25,009 --> 00:20:21,450

interspace whatever you want just the

443

00:20:27,680 --> 00:20:25,019

whole point the whole point is is I want

444

00:20:29,840 --> 00:20:27,690

peace I want the peace of love I want

445

00:20:34,519 --> 00:20:29,850

the peace of light I want peace because

446

00:20:37,159 --> 00:20:34,529

if that's your goal and you have that

447

00:20:39,649 --> 00:20:37,169

peace nothing outside is is going to

448

00:20:41,659 --> 00:20:39,659

define you so oh I have this F piece

449

00:20:45,499 --> 00:20:41,669

that make sense yes you become the rock

450

00:20:48,529 --> 00:20:45,509

if you would what is the mission

451
00:20:51,109 --> 00:20:48,539
statement for unity church here herein

452
00:20:53,930 --> 00:20:51,119
lies the peace of god what is that piece

453
00:20:57,830 --> 00:20:53,940
of wisdom right there that that's

454
00:21:04,129 --> 00:20:57,840
Unity's famous for herein lies the peace

455
00:21:07,070 --> 00:21:04,139
of God um there's so many it's I there's

456
00:21:09,020 --> 00:21:07,080
this whole thing about oneness before we

457
00:21:11,090 --> 00:21:09,030
say that it's I think I'm

458
00:21:14,060 --> 00:21:11,100
the song at the end there's a lot of a

459
00:21:18,140 --> 00:21:14,070
couple of phrases before that here lies

460
00:21:23,330 --> 00:21:18,150
a piece of God is when we are coming

461
00:21:25,130 --> 00:21:23,340
back to the truth of who we are that's

462
00:21:26,510 --> 00:21:25,140
what brings us back to the peace of God

463
00:21:27,650 --> 00:21:26,520

and what does that mean because a lot

464

00:21:29,810 --> 00:21:27,660

people we like hammering what that are

465

00:21:32,210 --> 00:21:29,820

you talking about there was one

466

00:21:34,820 --> 00:21:32,220

particular thing that said in unity at

467

00:21:37,550 --> 00:21:34,830

least unities here I'm in folded by

468

00:21:39,440 --> 00:21:37,560

divine consciousness don herein lies the

469

00:21:43,880 --> 00:21:39,450

peace of god it's just so awesome and

470

00:21:45,620 --> 00:21:43,890

it's soaked to the point yeah um well

471

00:21:48,140 --> 00:21:45,630

where I remember when we say it at the

472

00:21:53,450 --> 00:21:48,150

end for me it's it's very powerful

473

00:21:56,990 --> 00:21:53,460

because it's letting go of all the fear

474

00:21:59,450 --> 00:21:57,000

it's letting go of all all the barriers

475

00:22:01,880 --> 00:21:59,460

basically is that that's where the peace

476
00:22:04,750 --> 00:22:01,890
of God lies because what what blocks us

477
00:22:06,980 --> 00:22:04,760
from having the peace of God is our fear

478
00:22:09,980 --> 00:22:06,990
what blocks us from having the peace of

479
00:22:12,800 --> 00:22:09,990
God is our attachment to wanting to be

480
00:22:14,990 --> 00:22:12,810
separate right it's it and it's our

481
00:22:18,380 --> 00:22:15,000
attachment to to believing we're

482
00:22:21,980 --> 00:22:18,390
separate so it's very important that's

483
00:22:23,780 --> 00:22:21,990
why unity its unity right to oneness as

484
00:22:25,400 --> 00:22:23,790
we constantly are coming back to that

485
00:22:28,910 --> 00:22:25,410
oneness and realize that we're all in

486
00:22:32,900 --> 00:22:28,920
this together we have peace and one of

487
00:22:36,530 --> 00:22:32,910
the biggest ingredients for this for you

488
00:22:38,570 --> 00:22:36,540

to really have the key to that piece and

489

00:22:41,660 --> 00:22:38,580

I know you were saying earlier the key

490

00:22:43,100 --> 00:22:41,670

to trust right which we can get into

491

00:22:46,280 --> 00:22:43,110

that in a second but the key to peace

492

00:22:51,470 --> 00:22:46,290

would be to recognize okay are you ready

493

00:22:55,040 --> 00:22:51,480

for this right nice that everything

494

00:22:57,350 --> 00:22:55,050

outside of you is coming from you it

495

00:22:59,600 --> 00:22:57,360

doesn't matter what it looks like it

496

00:23:01,010 --> 00:22:59,610

could be good it could be it could

497

00:23:04,180 --> 00:23:01,020

appear to be good like what society

498

00:23:06,860 --> 00:23:04,190

would say be good or bad whatever it is

499

00:23:08,450 --> 00:23:06,870

everything the cause is within you the

500

00:23:11,030 --> 00:23:08,460

course would say and the effect is

501

00:23:12,320 --> 00:23:11,040

outside so we're living in a world of

502

00:23:15,320 --> 00:23:12,330

cause and effect and we're constantly

503

00:23:18,290 --> 00:23:15,330

projecting so we come back to our peace

504

00:23:20,630 --> 00:23:18,300

while we realize that no matter what how

505

00:23:22,680 --> 00:23:20,640

we're seeing our brother right the

506

00:23:24,630 --> 00:23:22,690

person that's standing in front of us

507

00:23:27,660 --> 00:23:24,640

is ultimately how we are seeing

508

00:23:29,420 --> 00:23:27,670

ourselves and that is huge because a lot

509

00:23:32,070 --> 00:23:29,430

of people feel it that's separate and

510

00:23:35,340 --> 00:23:32,080

it's not it's a mirror it's everything

511

00:23:36,810 --> 00:23:35,350

is coming from from us and I feel that

512

00:23:38,640 --> 00:23:36,820

that's something very hard for people to

513

00:23:39,960 --> 00:23:38,650

grasp because they see a lot of chaos

514

00:23:41,880 --> 00:23:39,970

out there sometimes and they're like oh

515

00:23:46,620 --> 00:23:41,890

my god while like I created that and I

516

00:23:48,480 --> 00:23:46,630

say yeah you did and it's not so much

517

00:23:50,310 --> 00:23:48,490

like you're creating it physically is

518

00:23:54,210 --> 00:23:50,320

that you're creating your experience of

519

00:23:56,790 --> 00:23:54,220

it so you can experience it through joy

520

00:23:58,500 --> 00:23:56,800

or pain and you can experience it

521

00:24:02,670 --> 00:23:58,510

through the filter that you're seeing it

522

00:24:05,280 --> 00:24:02,680

through so bad e that is so key and that

523

00:24:08,490 --> 00:24:05,290

is when I understood that and I started

524

00:24:11,340 --> 00:24:08,500

living that um I was free and you know

525

00:24:15,330 --> 00:24:11,350

it's not like it's not like a half-ass

526

00:24:17,280 --> 00:24:15,340

thing um Keith like oh you know um I'm

527

00:24:19,470 --> 00:24:17,290

gonna trust a little bit you know I'm

528

00:24:22,530 --> 00:24:19,480

gonna trust but I'm gonna worry right or

529

00:24:24,890 --> 00:24:22,540

I want peace but I still want to run the

530

00:24:28,110 --> 00:24:24,900

show everything needs to be in alignment

531

00:24:30,450 --> 00:24:28,120

you know has to be in alignment it's no

532

00:24:34,860 --> 00:24:30,460

but it's I trust and I trust fully

533

00:24:37,830 --> 00:24:34,870

period you know people up and ask the

534

00:24:40,620 --> 00:24:37,840

question why of course the likely

535

00:24:43,950 --> 00:24:40,630

response would be because well when you

536

00:24:46,470 --> 00:24:43,960

look at the work because we are not

537

00:24:50,370 --> 00:24:46,480

human doings we're human beings so in

538

00:24:52,800 --> 00:24:50,380

other words be is the cause how we are

539

00:24:57,120 --> 00:24:52,810

being is the cause so the question when

540

00:25:01,620 --> 00:24:57,130

it arises why be cause I want you ask

541

00:25:06,240 --> 00:25:01,630

you so I love that before yes I haven't

542

00:25:08,280 --> 00:25:06,250

eat until just this moment be cause um

543

00:25:11,640 --> 00:25:08,290

here's Keith Blanche and I'm you in the

544

00:25:14,010 --> 00:25:11,650

spiritual path I hear this awesome lady

545

00:25:17,130 --> 00:25:14,020

telling me all this spiritual stuff

546

00:25:19,980 --> 00:25:17,140

about trusts and letting go and I get it

547

00:25:21,270 --> 00:25:19,990

I get the mechanics of it and why I I

548

00:25:24,690 --> 00:25:21,280

least I understand what you're saying

549

00:25:32,700 --> 00:25:24,700

it's in my head not in my heart yet um

550

00:25:35,850 --> 00:25:32,710

and I understand it how do I find the

551

00:25:40,830 --> 00:25:35,860

switch how do I

552

00:25:44,520 --> 00:25:40,840

let go how do I trust now this is a very

553

00:25:48,960 --> 00:25:44,530

very important question because you know

554

00:25:53,549 --> 00:25:48,970

you can tell us all you want um you know

555

00:25:56,820 --> 00:25:53,559

this is what you need to do but how okay

556

00:25:59,760 --> 00:25:56,830

good really good I'm really really

557

00:26:01,620 --> 00:25:59,770

loving your questions because um I'm all

558

00:26:04,260 --> 00:26:01,630

about the practicality of it I haven't

559

00:26:06,900 --> 00:26:04,270

really got into that much yet but the

560

00:26:11,850 --> 00:26:06,910

practicing it living it how the hell

561

00:26:13,080 --> 00:26:11,860

right um wow okay a lot of things but

562

00:26:16,830 --> 00:26:13,090

I'm gonna start with something and then

563

00:26:20,130 --> 00:26:16,840

we'll see where it goes um one thing one

564

00:26:21,930 --> 00:26:20,140

thing is that came up to me was I could

565

00:26:24,150 --> 00:26:21,940

identify with that Keith and I think you

566

00:26:25,460 --> 00:26:24,160

wrote that in in the presentation of

567

00:26:27,840 --> 00:26:25,470

what I was going to present today

568

00:26:29,190 --> 00:26:27,850

because even though I was spiritual I've

569

00:26:31,200 --> 00:26:29,200

been studying the course of miracles and

570

00:26:33,690 --> 00:26:31,210

I've been into this kind of spiritual

571

00:26:36,750 --> 00:26:33,700

journey since I was very young so I was

572

00:26:38,430 --> 00:26:36,760

about 16 and I remember studying so much

573

00:26:41,280 --> 00:26:38,440

and I'm sure a lot of people here could

574

00:26:43,680 --> 00:26:41,290

relate to reading self-help books or

575

00:26:46,530 --> 00:26:43,690

probably seeing Oprah or reading a bunch

576

00:26:48,330 --> 00:26:46,540

of books and I'm not really seeing any

577

00:26:49,919 --> 00:26:48,340

results you know or they might you might

578

00:26:51,480 --> 00:26:49,929

feel good for a few days or you might

579

00:26:53,370 --> 00:26:51,490

feel good after you read that book but

580

00:26:56,760 --> 00:26:53,380

after it's like you don't feel great

581

00:26:59,220 --> 00:26:56,770

it's not really working um and I

582

00:27:00,900 --> 00:26:59,230

realized that that was happening to me I

583

00:27:02,430 --> 00:27:00,910

was going to a course group once a week

584

00:27:04,770 --> 00:27:02,440

and I was listening to these beautiful

585

00:27:06,450 --> 00:27:04,780

things and then I would come back to my

586

00:27:09,180 --> 00:27:06,460

life and I would be destructive because

587

00:27:11,070 --> 00:27:09,190

my life wasn't in 12 in alignment to

588

00:27:13,140 --> 00:27:11,080

what I was studying i think a lot of the

589

00:27:15,270 --> 00:27:13,150

things we read and it becomes into the

590

00:27:17,789 --> 00:27:15,280

intellect like you just said now but we

591

00:27:19,020 --> 00:27:17,799

don't fully live them I'm examples on

592

00:27:21,720 --> 00:27:19,030

how to live them I mean they're very

593

00:27:24,390 --> 00:27:21,730

simple I'll give you an example of one

594

00:27:27,890 --> 00:27:24,400

thing of living it um for instance

595

00:27:30,150 --> 00:27:27,900

myself I had had I didn't pay my

596

00:27:32,669 --> 00:27:30,160

corporate taxes I think like two years

597

00:27:34,710 --> 00:27:32,679

ago on time and I got a letter from the

598

00:27:36,720 --> 00:27:34,720

IRS you know I got the letter the letter

599

00:27:39,270 --> 00:27:36,730

did not disturb me that's what living

600

00:27:40,799 --> 00:27:39,280

this is the letter I didn't make it mean

601
00:27:43,260 --> 00:27:40,809
anything but that it was a letter and

602
00:27:45,150 --> 00:27:43,270
that from that space i would do the

603
00:27:48,799 --> 00:27:45,160
proper steps to get it resolved and i

604
00:27:50,570 --> 00:27:48,809
did and it worked out perfectly there's

605
00:27:54,110 --> 00:27:50,580
there's so many stories like that in the

606
00:27:57,590 --> 00:27:54,120
sense of you live this by when you are

607
00:28:01,580 --> 00:27:57,600
approached with with a circumstance and

608
00:28:03,830 --> 00:28:01,590
you choose the correct teacher within

609
00:28:05,930 --> 00:28:03,840
our minds so the course would say and

610
00:28:07,399 --> 00:28:05,940
and this is I'm not saying this is the

611
00:28:08,749 --> 00:28:07,409
truth I'm just saying that this is my

612
00:28:10,399 --> 00:28:08,759
experience that we have two teachers

613
00:28:14,119 --> 00:28:10,409

that are running the show within which

614

00:28:16,580 --> 00:28:14,129

is fear love Holy Spirit ego Holy Spirit

615

00:28:20,210 --> 00:28:16,590

or ego excuse me and we're constantly

616

00:28:21,859 --> 00:28:20,220

choosing either or so we have to pay

617

00:28:24,619 --> 00:28:21,869

attention to if you want to live this

618

00:28:27,680 --> 00:28:24,629

stuff is what who who is running the

619

00:28:30,590 --> 00:28:27,690

show here is it is it the voice of love

620

00:28:33,139 --> 00:28:30,600

or is it the voice of fear now usually

621

00:28:36,109 --> 00:28:33,149

usually I don't know that that was a

622

00:28:38,239 --> 00:28:36,119

very very key piece right there very

623

00:28:41,330 --> 00:28:38,249

very key that was the answer i was

624

00:28:43,700 --> 00:28:41,340

fishing for and i was i was really not

625

00:28:46,039 --> 00:28:43,710

gonna let this question go with you not

626

00:28:48,259 --> 00:28:46,049

to challenge you but to help fish out

627

00:28:51,379 --> 00:28:48,269

with honestly mean you did a fantastic

628

00:28:52,489 --> 00:28:51,389

job with that most people eat many

629

00:28:55,009 --> 00:28:52,499

guests that I've interview in the past

630

00:28:56,960 --> 00:28:55,019

someone even including myself would have

631

00:28:59,570 --> 00:28:56,970

a difficult time bringing to the fore

632

00:29:01,039 --> 00:28:59,580

and you did it lovely and how was the

633

00:29:02,779 --> 00:29:01,049

question and I was going to keep

634

00:29:04,820 --> 00:29:02,789

pressing on that hell but yeah Keith you

635

00:29:06,950 --> 00:29:04,830

have to let go note no but how how does

636

00:29:08,600 --> 00:29:06,960

one let go we understand the idea of

637

00:29:11,029 --> 00:29:08,610

letting go you can put my hand on the

638

00:29:12,859 --> 00:29:11,039

doorknob but how does one begin to turn

639

00:29:15,950 --> 00:29:12,869

it and I think you just revealed that by

640

00:29:18,799 --> 00:29:15,960

saying that who's running the show yeah

641

00:29:20,779 --> 00:29:18,809

love or fear is it love or fear and that

642

00:29:23,509 --> 00:29:20,789

way you can determine who's running the

643

00:29:26,779 --> 00:29:23,519

show it's a little more easy for us to

644

00:29:29,509 --> 00:29:26,789

determine and to understand the dynamic

645

00:29:31,519 --> 00:29:29,519

of what's moving in with in well it's

646

00:29:33,409 --> 00:29:31,529

simply I can say well I'm in love mode I

647

00:29:34,909 --> 00:29:33,419

have a clear understanding what love is

648

00:29:37,279 --> 00:29:34,919

and I think I'm definitely in that mode

649

00:29:39,739 --> 00:29:37,289

oh I can see that I have some some

650

00:29:42,470 --> 00:29:39,749

reservations i'm having some concerns so

651
00:29:45,919 --> 00:29:42,480
now i'm in fear so now someone has a

652
00:29:48,590 --> 00:29:45,929
very key component to be able to meander

653
00:29:51,259 --> 00:29:48,600
through the dynamic that moves within to

654
00:29:53,869 --> 00:29:51,269
help them move towards trusting letting

655
00:29:55,940 --> 00:29:53,879
go faith whatever word you choose very

656
00:29:58,519 --> 00:29:55,950
well done back to peace yeah back to

657
00:30:01,369 --> 00:29:58,529
peace well I think you Keith and the

658
00:30:02,600 --> 00:30:01,379
reason I feel that it was you know that

659
00:30:04,640 --> 00:30:02,610
but you liked

660
00:30:06,140 --> 00:30:04,650
was because I was coming from a space of

661
00:30:07,669 --> 00:30:06,150
experience because I literally went

662
00:30:10,430 --> 00:30:07,679
through that I literally went through

663
00:30:13,669 --> 00:30:10,440

that so I know how I was able to you

664

00:30:20,230 --> 00:30:13,679

know switch up that that key but also I

665

00:30:22,700 --> 00:30:20,240

feel that it's very important to UM also

666

00:30:24,260 --> 00:30:22,710

remember the love you gave and the love

667

00:30:26,900 --> 00:30:24,270

you gave the love you gave and the love

668

00:30:29,720 --> 00:30:26,910

that was given in the past I feel that a

669

00:30:31,100 --> 00:30:29,730

lot of suffering comes from I could have

670

00:30:32,960 --> 00:30:31,110

I would have I should have I wish I

671

00:30:37,280 --> 00:30:32,970

would have done it better some ions ago

672

00:30:38,780 --> 00:30:37,290

right so what happens is a lot of people

673

00:30:40,970 --> 00:30:38,790

suffer and I know because I seen a lot

674

00:30:43,430 --> 00:30:40,980

of my clients and myself as well that

675

00:30:45,080 --> 00:30:43,440

you know they're still worried about or

676
00:30:46,909 --> 00:30:45,090
upset about something that happened and

677
00:30:48,020 --> 00:30:46,919
they wish it could be different and when

678
00:30:49,640 --> 00:30:48,030
you think about it I mean let's just

679
00:30:52,070 --> 00:30:49,650
really think about it right now on the

680
00:30:53,960 --> 00:30:52,080
radio today right now this moment think

681
00:30:55,780 --> 00:30:53,970
about it like we really can't do

682
00:30:58,490 --> 00:30:55,790
anything about what happened in the past

683
00:31:00,380 --> 00:30:58,500
so it's very delusional and that would

684
00:31:01,669 --> 00:31:00,390
be the ego speaking to us the ego that

685
00:31:03,470 --> 00:31:01,679
would be the ego part the fear part

686
00:31:06,530 --> 00:31:03,480
would be like oh you should have done it

687
00:31:09,049 --> 00:31:06,540
better or you didn't do it right um you

688
00:31:10,520 --> 00:31:09,059

know you you're you know you could have

689

00:31:12,230 --> 00:31:10,530

made a different decision if you would

690

00:31:14,690 --> 00:31:12,240

have done it like this this wouldn't be

691

00:31:16,669 --> 00:31:14,700

happening right now right the Holy

692

00:31:18,590 --> 00:31:16,679

Spirit the love within you would say you

693

00:31:20,930 --> 00:31:18,600

did the best you could with the

694

00:31:22,400 --> 00:31:20,940

awareness you had at that moment you did

695

00:31:24,049 --> 00:31:22,410

the best you could with the awareness to

696

00:31:25,280 --> 00:31:24,059

head at that moment and that is a

697

00:31:26,840 --> 00:31:25,290

beautiful thing to say because you're

698

00:31:28,580 --> 00:31:26,850

cutting yourself some slack your loving

699

00:31:29,840 --> 00:31:28,590

yourself that's self love that's really

700

00:31:32,770 --> 00:31:29,850

loving yourself and saying hey you know

701
00:31:36,110 --> 00:31:32,780
what I'd really did the best I could and

702
00:31:38,000 --> 00:31:36,120
you begin again you choose again and I

703
00:31:39,230 --> 00:31:38,010
and I think that that's very important

704
00:31:40,520 --> 00:31:39,240
because I feel especially when we're

705
00:31:41,960 --> 00:31:40,530
spiritual we tend to be a little bit

706
00:31:44,090 --> 00:31:41,970
hard on ourselves like you have to be

707
00:31:46,640 --> 00:31:44,100
perfect and this is not about being

708
00:31:48,470 --> 00:31:46,650
perfect this is really about constantly

709
00:31:50,600 --> 00:31:48,480
choosing again the love you are and

710
00:31:52,280 --> 00:31:50,610
doing the best you can and sometimes

711
00:31:53,750 --> 00:31:52,290
we're going to be appears it appears

712
00:31:57,350 --> 00:31:53,760
that we're going to be really good at it

713
00:32:00,880 --> 00:31:57,360

and sometimes it's not but that's okay

714

00:32:03,110 --> 00:32:00,890

that's okay so you know I think another

715

00:32:05,360 --> 00:32:03,120

reflecting board sounding board would be

716

00:32:08,770 --> 00:32:05,370

if you know if you cannot determine

717

00:32:12,290 --> 00:32:08,780

within you what this space of love is

718

00:32:15,110 --> 00:32:12,300

often when we do something for someone

719

00:32:19,220 --> 00:32:15,120

we think we're just being not

720

00:32:21,080 --> 00:32:19,230

but if you can reflect in your life when

721

00:32:23,750 --> 00:32:21,090

you did something that was just not cool

722

00:32:27,020 --> 00:32:23,760

or even just being you know an everyday

723

00:32:30,020 --> 00:32:27,030

situation when someone really supports

724

00:32:32,840 --> 00:32:30,030

you someone really shows you love

725

00:32:36,830 --> 00:32:32,850

someone really makes you feel safe

726

00:32:40,010 --> 00:32:36,840

cradled nurturing supportive when

727

00:32:41,660 --> 00:32:40,020

someone is helped instill that feeling

728

00:32:43,190 --> 00:32:41,670

in you because of their presence and

729

00:32:47,540 --> 00:32:43,200

what they have done for you or said to

730

00:32:49,700 --> 00:32:47,550

you be that way to yourself are you

731

00:32:52,010 --> 00:32:49,710

being that way to yourself when the

732

00:32:53,570 --> 00:32:52,020

dynamic and thoughts begin to move one

733

00:32:55,760 --> 00:32:53,580

way that you could find the letting go

734

00:32:59,630 --> 00:32:55,770

process the trusting process the love

735

00:33:02,540 --> 00:32:59,640

versus fear is are you being that way

736

00:33:03,980 --> 00:33:02,550

with yourself we're at the bottom of the

737

00:33:06,290 --> 00:33:03,990

hour Maria would you give us your

738

00:33:08,150 --> 00:33:06,300

contact information so our listening on

739

00:33:14,390 --> 00:33:08,160

its can find more about you and your

740

00:33:19,610 --> 00:33:14,400

awesomeness sure you're great my website

741

00:33:22,340 --> 00:33:19,620

is Maria ma RI a felipe fcl ipe org

742

00:33:25,160 --> 00:33:22,350

people can go there and sign up for my

743

00:33:26,900 --> 00:33:25,170

inspirational emails and I have an

744

00:33:30,440 --> 00:33:26,910

awesome channel on YouTube called Maria

745

00:33:32,030 --> 00:33:30,450

coconut TV and people can see all my

746

00:33:34,430 --> 00:33:32,040

talks there that I've given live they're

747

00:33:35,810 --> 00:33:34,440

all available for free and also a lot of

748

00:33:37,940 --> 00:33:35,820

interviews that I've done here in Los

749

00:33:39,980 --> 00:33:37,950

Angeles of local spiritual leaders so

750

00:33:41,299 --> 00:33:39,990

that every there's definitely a lot of

751

00:33:43,340 --> 00:33:41,309

tools on there so those will be the two

752

00:33:45,440 --> 00:33:43,350

resources for everyone buddy to find me

753

00:33:47,570 --> 00:33:45,450

what else are you working with wood

754

00:33:49,310 --> 00:33:47,580

other subjects what are the contents are

755

00:33:52,100 --> 00:33:49,320

you bringing to your classes and I know

756

00:33:55,600 --> 00:33:52,110

that doing this as long as you have

757

00:33:58,820 --> 00:33:55,610

you've covered just about probably every

758

00:34:01,250 --> 00:33:58,830

spiritual topic and of course as time

759

00:34:03,620 --> 00:34:01,260

goes by and we become more expanded

760

00:34:06,320 --> 00:34:03,630

inside and we grow ourselves those

761

00:34:08,270 --> 00:34:06,330

lessons get deeper and much broader do

762

00:34:10,810 --> 00:34:08,280

you find yourself hitting on a certain

763

00:34:14,659 --> 00:34:10,820

few in your recent past that you feel or

764

00:34:16,129 --> 00:34:14,669

congruent most most important one would

765

00:34:18,530 --> 00:34:16,139

be trust in letting go that we just

766

00:34:20,240 --> 00:34:18,540

mentioned so we are able to hear the

767

00:34:23,119 --> 00:34:20,250

guidance we move the blocks when we move

768

00:34:24,740 --> 00:34:23,129

the blocks will become a conduit for

769

00:34:27,240 --> 00:34:24,750

higher expression to come through into

770

00:34:29,960 --> 00:34:27,250

our consciousness and therefore we can

771

00:34:33,360 --> 00:34:29,970

act accordingly but do you find yourself

772

00:34:35,879 --> 00:34:33,370

leaning on certain subjects more so now

773

00:34:37,619 --> 00:34:35,889

than the plethora of things that you've

774

00:34:41,940 --> 00:34:37,629

shared in your teachings throughout your

775

00:34:45,300 --> 00:34:41,950

past well I'll begin by saying that my

776

00:34:48,149 --> 00:34:45,310

fuel is and always has been till now is

777

00:34:51,540 --> 00:34:48,159

the course of miracles that's my fuel

778

00:34:53,639 --> 00:34:51,550

and everything that is within that book

779

00:34:55,320 --> 00:34:53,649

is is usually where i share where I come

780

00:34:56,730 --> 00:34:55,330

from I mean I have that book on my night

781

00:34:59,820 --> 00:34:56,740

table have it right now in front of me

782

00:35:01,920 --> 00:34:59,830

as I do this talk because I because it

783

00:35:03,600 --> 00:35:01,930

shares on what I'm speaking which is a

784

00:35:05,520 --> 00:35:03,610

world of cause and effect being

785

00:35:08,670 --> 00:35:05,530

responsible you're not a victim of the

786

00:35:13,980 --> 00:35:08,680

world that you see all this oh excuse me

787

00:35:15,450 --> 00:35:13,990

because because yes because so that's my

788

00:35:19,620 --> 00:35:15,460

fuel you know I mean I would say the

789

00:35:23,280 --> 00:35:19,630

course in miracles is my feel now um my

790

00:35:24,630 --> 00:35:23,290

work is to to live it and I think that

791

00:35:26,520 --> 00:35:24,640

that's all of our work and I'm not

792

00:35:28,200 --> 00:35:26,530

saying the course miracles because now

793

00:35:29,880 --> 00:35:28,210

it's not for everybody you know if you

794

00:35:32,700 --> 00:35:29,890

if it calls you then that's fine but I'm

795

00:35:36,480 --> 00:35:32,710

saying whatever it is that anyone out

796

00:35:38,820 --> 00:35:36,490

there listening today is is guided to or

797

00:35:41,790 --> 00:35:38,830

maybe Buddhism or I'm not sure whatever

798

00:35:43,950 --> 00:35:41,800

it is that resonates with you to give

799

00:35:46,440 --> 00:35:43,960

yourself the opportunity to embody that

800

00:35:48,960 --> 00:35:46,450

fully for me that's been the course

801
00:35:51,600 --> 00:35:48,970
because it resonates with me you know

802
00:35:52,710 --> 00:35:51,610
one of the biggest symbols i have is the

803
00:35:56,160 --> 00:35:52,720
whole thing that you're talking about

804
00:36:01,400 --> 00:35:56,170
the because right you know if you're

805
00:36:03,810 --> 00:36:01,410
looking at a movie and you are no longer

806
00:36:06,690 --> 00:36:03,820
liking the movie you're seeing at the

807
00:36:08,850 --> 00:36:06,700
movie theater you know most of the most

808
00:36:10,500 --> 00:36:08,860
the way that we function a lot of us is

809
00:36:12,240 --> 00:36:10,510
that we're kicking the screen we're

810
00:36:13,920 --> 00:36:12,250
trying which which which means that

811
00:36:15,840 --> 00:36:13,930
we're trying to change the things out

812
00:36:16,950 --> 00:36:15,850
there right we're trying to change the

813
00:36:18,480 --> 00:36:16,960

boyfriend we're trying to change the

814

00:36:22,170 --> 00:36:18,490

co-worker we're trying to change our

815

00:36:23,880 --> 00:36:22,180

boss vs from looking within and asking

816

00:36:25,500 --> 00:36:23,890

Holy Spirit to change our perception of

817

00:36:28,080 --> 00:36:25,510

this person and going into the right

818

00:36:29,700 --> 00:36:28,090

mind because if not that we're kicking

819

00:36:31,500 --> 00:36:29,710

and pulling on the screen and this is

820

00:36:33,330 --> 00:36:31,510

why we get exhausted because the change

821

00:36:36,690 --> 00:36:33,340

is never out there again that's why the

822

00:36:39,570 --> 00:36:36,700

show today is called going within is is

823

00:36:40,859 --> 00:36:39,580

it's never out there ever ever ever ever

824

00:36:42,870 --> 00:36:40,869

that's the point that I can

825

00:36:45,599 --> 00:36:42,880

making this show is that is that it's

826

00:36:47,370 --> 00:36:45,609

never out there well we go is if you

827

00:36:50,039 --> 00:36:47,380

want to change the movie you go up the

828

00:36:51,960 --> 00:36:50,049

stairs and you go to the projector and

829

00:36:55,890 --> 00:36:51,970

you change the film that's projecting

830

00:36:58,460 --> 00:36:55,900

the movie that would be our thoughts so

831

00:37:01,470 --> 00:36:58,470

if you want to experience a different

832

00:37:03,809 --> 00:37:01,480

experience in your world you must

833

00:37:06,509 --> 00:37:03,819

realize that no matter what it's coming

834

00:37:09,329 --> 00:37:06,519

from you and I think that that's a lot

835

00:37:11,489 --> 00:37:09,339

it's very I think it takes something for

836

00:37:13,950 --> 00:37:11,499

people to understand that because it's

837

00:37:16,470 --> 00:37:13,960

hard to fully accept and be responsible

838

00:37:23,160 --> 00:37:16,480

for all that caca do you know what [\h__\h]

839

00:37:26,400 --> 00:37:23,170

guys I'm not going to say it but if you

840

00:37:28,829 --> 00:37:26,410

guys look it up ok all that caca that is

841

00:37:31,859 --> 00:37:28,839

outside that that we project outside and

842

00:37:34,079 --> 00:37:31,869

we don't want to own it you see we don't

843

00:37:35,519 --> 00:37:34,089

want to own it we want to project it and

844

00:37:37,349 --> 00:37:35,529

then we want to blame outside oh because

845

00:37:39,779 --> 00:37:37,359

of so and so I'm upset or this happened

846

00:37:43,289 --> 00:37:39,789

because the so-and-so versus which is so

847

00:37:46,079 --> 00:37:43,299

it's not powerful you know I am

848

00:37:47,880 --> 00:37:46,089

constantly I realized that earlier in my

849

00:37:50,609 --> 00:37:47,890

years even when I was spiritual was

850

00:37:52,890 --> 00:37:50,619

giving away my power I was giving away

851

00:37:55,079 --> 00:37:52,900

my power to men especially that was my

852

00:37:58,109 --> 00:37:55,089

big one because I wouldn't make men my

853

00:38:02,249 --> 00:37:58,119

idol men were everything for me men were

854

00:38:04,140 --> 00:38:02,259

my god and I wasn't happy because my

855

00:38:06,779 --> 00:38:04,150

happiness is never going to come from

856

00:38:08,309 --> 00:38:06,789

anything outside of me happiness is

857

00:38:10,859 --> 00:38:08,319

never going to come up come from

858

00:38:13,829 --> 00:38:10,869

anything outside of us because that's

859

00:38:17,910 --> 00:38:13,839

now where it resides it's within us all

860

00:38:20,160 --> 00:38:17,920

the time we need to have the courage and

861

00:38:23,700 --> 00:38:20,170

the strength and how I would say look

862

00:38:26,670 --> 00:38:23,710

cojones to to to choose that I choose

863

00:38:28,440 --> 00:38:26,680

that something from the Divine Principle

864

00:38:32,130 --> 00:38:28,450

that is so in alignment with what you

865

00:38:34,289 --> 00:38:32,140

said from my first book it says I let's

866

00:38:35,910 --> 00:38:34,299

see each evening just before you go to

867

00:38:37,529 --> 00:38:35,920

sleep think about what did not align

868

00:38:40,440 --> 00:38:37,539

with your morning's visualizations and

869

00:38:41,880 --> 00:38:40,450

be grateful for all that did then ask

870

00:38:43,529 --> 00:38:41,890

for the clarity to fine-tune your

871

00:38:45,930 --> 00:38:43,539

prayers and intentions so that tomorrow

872

00:38:47,640 --> 00:38:45,940

will be a better day as soon as you can

873

00:38:49,890 --> 00:38:47,650

determine what to do what not to do in

874

00:38:51,930 --> 00:38:49,900

any situation living a peaceful life

875

00:38:53,650 --> 00:38:51,940

will become second nature teeth you have

876

00:38:56,200 --> 00:38:53,660

always have had

877

00:38:59,890 --> 00:38:56,210

power what has kept you from maximizing

878

00:39:02,829 --> 00:38:59,900

it is the cluttered mind why not look at

879

00:39:05,920 --> 00:39:02,839

the creative process like this you are a

880

00:39:08,829 --> 00:39:05,930

you are a movie projector and God is the

881

00:39:12,370 --> 00:39:08,839

light inside your thoughts or the film

882

00:39:14,950 --> 00:39:12,380

itself as you sit in the three as you

883

00:39:17,529 --> 00:39:14,960

sit in the theatre of life what movie is

884

00:39:22,210 --> 00:39:17,539

playing on that 3d screen of yours a

885

00:39:24,730 --> 00:39:22,220

horror flick if so change the film the

886

00:39:27,609 --> 00:39:24,740

simple fact is that conscious of it or

887

00:39:30,520 --> 00:39:27,619

not you are the producer and director of

888

00:39:32,770 --> 00:39:30,530

your own movie and any sad on or

889

00:39:35,740 --> 00:39:32,780

unfinished scene in it will only become

890

00:39:38,799 --> 00:39:35,750

more difficult for you to wrap if you do

891

00:39:41,020 --> 00:39:38,809

not take responsibility for its content

892

00:39:42,640 --> 00:39:41,030

if you're a lot it is you're like

893

00:39:45,250 --> 00:39:42,650

playing out the way you want to do if

894

00:39:47,950 --> 00:39:45,260

not the only way to get it to go the way

895

00:39:51,010 --> 00:39:47,960

you truly desire is to do the work

896

00:39:53,859 --> 00:39:51,020

necessary and get clear about it that's

897

00:39:57,609 --> 00:39:53,869

the crux of it no more no less neither

898

00:39:59,230 --> 00:39:57,619

good nor bad your life is the movie you

899

00:40:02,470 --> 00:39:59,240

make it's another way of saying what I

900

00:40:04,480 --> 00:40:02,480

just expressed yes so the idea as I said

901
00:40:06,130 --> 00:40:04,490
yes the idea is that you know the

902
00:40:09,339 --> 00:40:06,140
Creator lives inside each and every one

903
00:40:12,720 --> 00:40:09,349
of us pure white light and the filters

904
00:40:16,299 --> 00:40:12,730
we have emotions thoughts belief systems

905
00:40:18,039 --> 00:40:16,309
especially when that light becomes you

906
00:40:20,710 --> 00:40:18,049
know begins to move through us and

907
00:40:23,650 --> 00:40:20,720
express itself through us and as we

908
00:40:27,700 --> 00:40:23,660
emanate in the world you know it becomes

909
00:40:30,370 --> 00:40:27,710
manifested in our 3d reality so there is

910
00:40:33,039 --> 00:40:30,380
no reason whatsoever that we need to go

911
00:40:36,160 --> 00:40:33,049
outside to say okay if only you would do

912
00:40:38,799 --> 00:40:36,170
this if only you wouldn't do this my

913
00:40:40,990 --> 00:40:38,809

life would become the song or the movie

914

00:40:43,960 --> 00:40:41,000

that I really want and you know and I i

915

00:40:46,000 --> 00:40:43,970

I'm for the idea of expressing and

916

00:40:48,250 --> 00:40:46,010

sharing your thoughts with someone could

917

00:40:50,200 --> 00:40:48,260

you meet me halfway in this dynamic we

918

00:40:52,990 --> 00:40:50,210

call whatever the relationship maybe and

919

00:40:55,240 --> 00:40:53,000

if they listen to your ideas and have

920

00:40:59,230 --> 00:40:55,250

thoughts of you that way then things can

921

00:41:01,779 --> 00:40:59,240

change by verbal by conversation but the

922

00:41:03,880 --> 00:41:01,789

whole point of it all is really it's a

923

00:41:05,650 --> 00:41:03,890

manifestation of yourself and that

924

00:41:07,390 --> 00:41:05,660

manifestation can come about through

925

00:41:11,099 --> 00:41:07,400

such conversations but the

926

00:41:14,529 --> 00:41:11,109

point is the work solely lies with you

927

00:41:15,849 --> 00:41:14,539

uh-huh yep in her space you know you

928

00:41:17,799 --> 00:41:15,859

said at the beginning again we go back

929

00:41:19,000 --> 00:41:17,809

to this rate i love that by the way you

930

00:41:23,440 --> 00:41:19,010

know you have me saying it all the time

931

00:41:25,630 --> 00:41:23,450

um yes absolutely absolutely and when I

932

00:41:27,130 --> 00:41:25,640

was I was you were saying something I

933

00:41:29,230 --> 00:41:27,140

was like oh I want to really bring this

934

00:41:32,170 --> 00:41:29,240

up um hopefully I can't free I don't

935

00:41:33,640 --> 00:41:32,180

want to forget what it was but um going

936

00:41:36,250 --> 00:41:33,650

back to what you were saying in regards

937

00:41:38,289 --> 00:41:36,260

to going within is because like you said

938

00:41:40,329 --> 00:41:38,299

why I call it automatic pilot or being

939

00:41:42,190 --> 00:41:40,339

trans doubt all the examples you were

940

00:41:43,539 --> 00:41:42,200

sharing on if this person will be

941

00:41:46,000 --> 00:41:43,549

different or that would be different i

942

00:41:48,579 --> 00:41:46,010

will be happy it's kind of how we've

943

00:41:50,620 --> 00:41:48,589

been taught and grow up in society you

944

00:41:52,329 --> 00:41:50,630

know that when you know we go to school

945

00:41:54,010 --> 00:41:52,339

we get a degree where we'll be happy or

946

00:41:57,250 --> 00:41:54,020

we've been taught if we have a certain

947

00:41:59,049 --> 00:41:57,260

car then we will be successful or if i

948

00:42:00,700 --> 00:41:59,059

get married or have kids then then

949

00:42:02,529 --> 00:42:00,710

that's the ultimate and have the white

950

00:42:05,019 --> 00:42:02,539

picket fence then that would be mean

951
00:42:07,539 --> 00:42:05,029
happiness for me and i'm not saying that

952
00:42:09,609 --> 00:42:07,549
those things are bad or that we we

953
00:42:13,870 --> 00:42:09,619
wouldn't look forward to that although

954
00:42:16,329 --> 00:42:13,880
we must understand that our happiness is

955
00:42:19,299 --> 00:42:16,339
not coming from outside which is what we

956
00:42:21,130 --> 00:42:19,309
just shared and ultimately if your goal

957
00:42:23,470 --> 00:42:21,140
is always piece which is how we started

958
00:42:26,289 --> 00:42:23,480
the show today you're going to be happy

959
00:42:27,700 --> 00:42:26,299
if if you have the car or not if your

960
00:42:29,620 --> 00:42:27,710
goal is peace you know you're going to

961
00:42:32,140 --> 00:42:29,630
be happy if you have the relationship or

962
00:42:33,430 --> 00:42:32,150
not because that doesn't define you your

963
00:42:35,589 --> 00:42:33,440

defendant you're different you're not

964

00:42:38,319 --> 00:42:35,599

defined by what's outside your defined

965

00:42:41,620 --> 00:42:38,329

like for instance i am defined by God

966

00:42:43,990 --> 00:42:41,630

like God defines me period I'm not

967

00:42:46,480 --> 00:42:44,000

defined about anything outside of me now

968

00:42:48,039 --> 00:42:46,490

I want everybody to be clear because I

969

00:42:49,599 --> 00:42:48,049

feel that sometimes what we do is a lot

970

00:42:52,269 --> 00:42:49,609

of people use these types of things to

971

00:42:53,319 --> 00:42:52,279

try to manifest like also i'm going to

972

00:42:56,230 --> 00:42:53,329

start thinking this way so I can

973

00:42:57,910 --> 00:42:56,240

manifest this or I can have that what I

974

00:42:59,890 --> 00:42:57,920

teach is not so much about creating

975

00:43:02,190 --> 00:42:59,900

outside anything I think that's

976
00:43:05,980 --> 00:43:02,200
something that just happens naturally um

977
00:43:08,529 --> 00:43:05,990
I think it's important that it's it's

978
00:43:12,000 --> 00:43:08,539
it's for instance it's not I always say

979
00:43:14,200 --> 00:43:12,010
may it be God's will and not my will I

980
00:43:16,210 --> 00:43:14,210
it seems that I want certain things

981
00:43:18,309 --> 00:43:16,220
because I'm because it appears i'm in a

982
00:43:19,870 --> 00:43:18,319
body so i would be like oh you know i

983
00:43:21,819 --> 00:43:19,880
will love this or I will love that

984
00:43:23,470 --> 00:43:21,829
but I always give it over this is an

985
00:43:25,480 --> 00:43:23,480
exercise that I do that I put it on an

986
00:43:27,910 --> 00:43:25,490
altar everything that I think I need

987
00:43:30,099 --> 00:43:27,920
because I'm in this body and I give it

988
00:43:33,970 --> 00:43:30,109

over to God you lay it at God's feet I

989

00:43:36,309 --> 00:43:33,980

do and I and I give it to him fully

990

00:43:39,099 --> 00:43:36,319

saying maybe you're willin not my will

991

00:43:41,200 --> 00:43:39,109

and I get out of the way because i'm not

992

00:43:43,390 --> 00:43:41,210

sure what is the highest best but what I

993

00:43:45,249 --> 00:43:43,400

want is I want the highest and best for

994

00:43:46,720 --> 00:43:45,259

myself and my brother and usually that's

995

00:43:49,599 --> 00:43:46,730

getting out of my way and letting God's

996

00:43:51,519 --> 00:43:49,609

will be done so I do that that's how I

997

00:43:55,480 --> 00:43:51,529

live my life basically no guilt guilty

998

00:43:57,730 --> 00:43:55,490

as charged um spiritual people and it's

999

00:44:00,069 --> 00:43:57,740

a great idea to align and make yourself

1000

00:44:02,980 --> 00:44:00,079

congruent with higher consciousness so

1001
00:44:04,809 --> 00:44:02,990
you can you know enjoy the things that

1002
00:44:07,269 --> 00:44:04,819
your embodiment here in this earth has

1003
00:44:09,599 --> 00:44:07,279
to offer and guilty as charged meaning

1004
00:44:13,359 --> 00:44:09,609
that you know I still do find myself

1005
00:44:16,299 --> 00:44:13,369
leaning into the idea that you know if I

1006
00:44:19,390 --> 00:44:16,309
do more work than I can do have a little

1007
00:44:23,370 --> 00:44:19,400
more of this and do a little of that but

1008
00:44:25,990 --> 00:44:23,380
the higher mind creation knows exactly

1009
00:44:30,279 --> 00:44:26,000
beyond even what you think is your best

1010
00:44:33,490 --> 00:44:30,289
case scenario so the idea is not having

1011
00:44:35,109 --> 00:44:33,500
any expectation whatsoever and I love

1012
00:44:36,430 --> 00:44:35,119
your idea of putting things on the altar

1013
00:44:38,259 --> 00:44:36,440

God you know this would be really really

1014

00:44:40,120 --> 00:44:38,269

cool love the idea of playing with these

1015

00:44:42,190 --> 00:44:40,130

things and I'm just gonna set it here

1016

00:44:44,200 --> 00:44:42,200

and I'm just gonna let this go you know

1017

00:44:46,480 --> 00:44:44,210

that's really cool a friend of mine on

1018

00:44:49,779 --> 00:44:46,490

the name of Andy one of the most amazing

1019

00:44:52,779 --> 00:44:49,789

human beings I've ever met he's he's on

1020

00:44:54,009 --> 00:44:52,789

avid Course in Miracles guy he starts

1021

00:44:55,660 --> 00:44:54,019

his morning up of course in miracles

1022

00:44:59,499 --> 00:44:55,670

he's read the book six seven eight nine

1023

00:45:01,269 --> 00:44:59,509

ten whatever times and he recently had a

1024

00:45:03,910 --> 00:45:01,279

situation where his vehicle was broken

1025

00:45:05,789 --> 00:45:03,920

and all those musical gear was taken and

1026
00:45:11,559 --> 00:45:05,799
he immediately went to prayer and says

1027
00:45:13,960 --> 00:45:11,569
show me what it is I'm not seeing you

1028
00:45:17,130 --> 00:45:13,970
know heighten my perception and you know

1029
00:45:19,299 --> 00:45:17,140
three days later this a most amazing

1030
00:45:21,220 --> 00:45:19,309
manifestation in his life happened not

1031
00:45:23,589 --> 00:45:21,230
only did he acquire all the equipment he

1032
00:45:27,730 --> 00:45:23,599
lost but because of a benefit that was

1033
00:45:29,259 --> 00:45:27,740
put on for him because all he you know

1034
00:45:32,410 --> 00:45:29,269
recaptured everything that was taken

1035
00:45:33,580 --> 00:45:32,420
plus multiple thousands of dollars to

1036
00:45:37,390 --> 00:45:33,590
help support him

1037
00:45:39,310 --> 00:45:37,400
in his future endeavors being a

1038
00:45:42,340 --> 00:45:39,320

professional musician so I'm very much

1039

00:45:44,680 --> 00:45:42,350

aware of the process of letting go on

1040

00:45:48,580 --> 00:45:44,690

that brings us back to where we started

1041

00:45:52,480 --> 00:45:48,590

some time ago Jenna show is letting go

1042

00:45:54,010 --> 00:45:52,490

you know in my path and past as well but

1043

00:45:55,990 --> 00:45:54,020

why not when I do teachings when I do

1044

00:45:58,300 --> 00:45:56,000

present public presentations I've been

1045

00:46:00,850 --> 00:45:58,310

I've had that question put to me into

1046

00:46:05,650 --> 00:46:00,860

such a way and I in turn put it to you

1047

00:46:07,060 --> 00:46:05,660

how do you let go um you know like on

1048

00:46:09,700 --> 00:46:07,070

the matrix you know I can only show you

1049

00:46:14,320 --> 00:46:09,710

the door you have to open it and it's

1050

00:46:15,640 --> 00:46:14,330

not so much really knowing how to turn

1051
00:46:17,260 --> 00:46:15,650
on the light switch even though your

1052
00:46:19,150 --> 00:46:17,270
hand may be on at nine place that there

1053
00:46:25,060 --> 00:46:19,160
are you placed it there or how to twist

1054
00:46:28,770 --> 00:46:25,070
the doorknob your intentions to want to

1055
00:46:33,610 --> 00:46:28,780
do that is what's going to bring about

1056
00:46:39,250 --> 00:46:33,620
the whole program step by flawless step

1057
00:46:41,830 --> 00:46:39,260
your job is to intend I intend intention

1058
00:46:45,790 --> 00:46:41,840
is everything to me intention is just a

1059
00:46:50,110 --> 00:46:45,800
juju word fuel it's just as much a

1060
00:46:52,480 --> 00:46:50,120
high-grade view as passion um you know

1061
00:46:55,480 --> 00:46:52,490
God you know if you have intention and

1062
00:46:57,010 --> 00:46:55,490
passion aligned wow what manifesting

1063
00:46:58,960 --> 00:46:57,020

power do you have want to say manifest

1064

00:47:00,460 --> 00:46:58,970

not only in the terms of what you're

1065

00:47:03,580 --> 00:47:00,470

bringing about in your life as far as

1066

00:47:05,320 --> 00:47:03,590

details or the car or the boyfriend or

1067

00:47:07,510 --> 00:47:05,330

the girlfriend but I'm talking about the

1068

00:47:11,200 --> 00:47:07,520

manifestation of that which reflects to

1069

00:47:14,890 --> 00:47:11,210

joy that lives with inside of you God my

1070

00:47:17,620 --> 00:47:14,900

intention intention intention intention

1071

00:47:19,390 --> 00:47:17,630

it's all intention whether you know that

1072

00:47:23,080 --> 00:47:19,400

you are intending or not you are

1073

00:47:26,140 --> 00:47:23,090

intending mm-hmm so the trick is you

1074

00:47:29,440 --> 00:47:26,150

might as well just become conscious yeah

1075

00:47:31,060 --> 00:47:29,450

aware aware of becoming we're getting

1076

00:47:33,220 --> 00:47:31,070

out of that trends because that

1077

00:47:34,990 --> 00:47:33,230

automatic pilot I feel like sometimes we

1078

00:47:37,750 --> 00:47:35,000

run like kind of like a puppet you know

1079

00:47:40,180 --> 00:47:37,760

it's being aware aware of what are you

1080

00:47:42,040 --> 00:47:40,190

thinking be really present every again

1081

00:47:43,450 --> 00:47:42,050

every the second within a second if you

1082

00:47:44,860 --> 00:47:43,460

want to practice every day is be aware

1083

00:47:45,880 --> 00:47:44,870

of your thoughts how what am I thinking

1084

00:47:47,950 --> 00:47:45,890

and you'll know

1085

00:47:50,050 --> 00:47:47,960

all what teacher you're listening in to

1086

00:47:51,850 --> 00:47:50,060

because you'll realize by you're at

1087

00:47:55,150 --> 00:47:51,860

peace or not if you're not feeling at

1088

00:47:56,680 --> 00:47:55,160

peace it's almost for sure that you are

1089

00:47:59,020 --> 00:47:56,690

not online meant to your thoughts of

1090

00:48:01,420 --> 00:47:59,030

truth and you have every right to get

1091

00:48:03,610 --> 00:48:01,430

off that train and say no and say no I'm

1092

00:48:04,960 --> 00:48:03,620

willing I'm willing to feel better no

1093

00:48:06,640 --> 00:48:04,970

I'm willing to stop these thought

1094

00:48:08,350 --> 00:48:06,650

patterns now and choose again and choose

1095

00:48:10,660 --> 00:48:08,360

a love that I am and again you begin

1096

00:48:12,520 --> 00:48:10,670

again and that's that should be that

1097

00:48:14,860 --> 00:48:12,530

least that's my daily practice and being

1098

00:48:17,170 --> 00:48:14,870

aware of my thoughts and again will you

1099

00:48:19,870 --> 00:48:17,180

just mention in regards to really really

1100

00:48:23,050 --> 00:48:19,880

wanting it really wanting to turn that

1101

00:48:25,450 --> 00:48:23,060

key the intention to do that I feel is

1102

00:48:26,800 --> 00:48:25,460

the key thing and I'm so I love and it's

1103

00:48:28,750 --> 00:48:26,810

so beautiful that you brought that up

1104

00:48:31,330 --> 00:48:28,760

Keith because I feel it's so helpful is

1105

00:48:33,700 --> 00:48:31,340

to really be willing and the Course in

1106

00:48:36,040 --> 00:48:33,710

Miracles says all you need is a little

1107

00:48:37,840 --> 00:48:36,050

bit of willingness and miracles happen

1108

00:48:39,340 --> 00:48:37,850

and just so you know miracles on a

1109

00:48:42,280 --> 00:48:39,350

course in miracles is a change of

1110

00:48:44,110 --> 00:48:42,290

perception from fear love so if your

1111

00:48:46,210 --> 00:48:44,120

constant if you're willing and I'm not

1112

00:48:49,020 --> 00:48:46,220

saying like oh so so willing you know

1113

00:48:51,700 --> 00:48:49,030

it's like willing I am willing that

1114

00:48:54,580 --> 00:48:51,710

makes a huge difference because I filled

1115

00:48:56,650 --> 00:48:54,590

again we're like I am love I am love

1116

00:48:58,900 --> 00:48:56,660

right now it's so beautiful I am love

1117

00:49:04,810 --> 00:48:58,910

but I want to tell off the next person

1118

00:49:08,290 --> 00:49:04,820

on the street right it's so contrast

1119

00:49:10,660 --> 00:49:08,300

instead of I am love period and and ha

1120

00:49:12,790 --> 00:49:10,670

what and then what is in alignment to

1121

00:49:15,100 --> 00:49:12,800

that right have a friend of mine right

1122

00:49:19,660 --> 00:49:15,110

now that she's going through a hard time

1123

00:49:21,610 --> 00:49:19,670

with her with her her husband and you

1124

00:49:23,650 --> 00:49:21,620

know it's not really even about him it's

1125

00:49:25,720 --> 00:49:23,660

about her thoughts about herself and her

1126

00:49:28,240 --> 00:49:25,730

self love and what what is an alignment

1127

00:49:30,730 --> 00:49:28,250

to the love that you are is what I'm

1128

00:49:33,250 --> 00:49:30,740

constantly sharing with her is is the

1129

00:49:35,560 --> 00:49:33,260

actions that are going on in alignment

1130

00:49:37,330 --> 00:49:35,570

to the love that you are you know you

1131

00:49:40,630 --> 00:49:37,340

know what's a loving action we all know

1132

00:49:42,700 --> 00:49:40,640

that right so it's constantly doing that

1133

00:49:45,370 --> 00:49:42,710

work and being willing like I am

1134

00:49:47,170 --> 00:49:45,380

abundance it's a period I am abundant

1135

00:49:49,210 --> 00:49:47,180

that's who I am it's my birthright smita

1136

00:49:52,840 --> 00:49:49,220

vinit II you know I'm the perfect child

1137

00:49:55,420 --> 00:49:52,850

of god i am bundan vs I am abundance but

1138

00:49:57,850 --> 00:49:55,430

I want to worry about my bills you see

1139

00:49:59,230 --> 00:49:57,860

it's is there's there's there's has to

1140

00:50:01,630 --> 00:49:59,240

be aligned that

1141

00:50:04,300 --> 00:50:01,640

something else that helped me as well to

1142

00:50:06,220 --> 00:50:04,310

bring it into my into every cell of my

1143

00:50:08,950 --> 00:50:06,230

body of the experience that I'm having

1144

00:50:12,070 --> 00:50:08,960

in this in this dream in this very

1145

00:50:14,290 --> 00:50:12,080

interesting dream of life no like you

1146

00:50:16,270 --> 00:50:14,300

said I want I am a bun that's but

1147

00:50:19,390 --> 00:50:16,280

anytime you insert the word but you

1148

00:50:21,220 --> 00:50:19,400

negate everything you said if you if a

1149

00:50:24,010 --> 00:50:21,230

person can just catch themselves or

1150

00:50:26,710 --> 00:50:24,020

monitor themselves for the day one day

1151
00:50:30,130 --> 00:50:26,720
do you bestest a present with that how

1152
00:50:32,560 --> 00:50:30,140
often you say the word but you know for

1153
00:50:35,320 --> 00:50:32,570
me the trick is when you become

1154
00:50:37,510 --> 00:50:35,330
conscious of your consciousness you be

1155
00:50:38,770 --> 00:50:37,520
you create a feedback loop anyone knows

1156
00:50:40,390 --> 00:50:38,780
that if you take a microphone and you

1157
00:50:42,820 --> 00:50:40,400
put it put it in front of a speaker it

1158
00:50:44,440 --> 00:50:42,830
creates this feedback it's called a loop

1159
00:50:46,960 --> 00:50:44,450
and so what happens is you begin to

1160
00:50:48,670 --> 00:50:46,970
curve the sound that's going into the

1161
00:50:50,280 --> 00:50:48,680
microphone out of the speaker out of the

1162
00:50:52,570 --> 00:50:50,290
speaker into the microphone and and

1163
00:50:55,030 --> 00:50:52,580

continually and so what happens it

1164

00:50:57,160 --> 00:50:55,040

creates with this noisy gear of feedback

1165

00:50:58,330 --> 00:50:57,170

loop so when you become aware of your

1166

00:51:01,630 --> 00:50:58,340

awareness conscious of your

1167

00:51:04,990 --> 00:51:01,640

consciousness likewise you create this

1168

00:51:09,640 --> 00:51:05,000

feedback loop this quote noise or this

1169

00:51:12,910 --> 00:51:09,650

tone and boy things really really begin

1170

00:51:15,550 --> 00:51:12,920

to step up but I also know that for you

1171

00:51:17,800 --> 00:51:15,560

Marie it just like me there is no way

1172

00:51:20,560 --> 00:51:17,810

even if you wanted to even if you tried

1173

00:51:25,590 --> 00:51:20,570

that you can stop or shut this process

1174

00:51:28,840 --> 00:51:25,600

of spiritual growth off can you know

1175

00:51:30,580 --> 00:51:28,850

yeah it is because you know why I and

1176

00:51:33,580 --> 00:51:30,590

the reason is because you because we

1177

00:51:34,780 --> 00:51:33,590

realize that it works and we feel so

1178

00:51:36,820 --> 00:51:34,790

much better and there's so much freedom

1179

00:51:38,830 --> 00:51:36,830

and there's so much more peace I feel

1180

00:51:40,150 --> 00:51:38,840

that that's why and and I always tell

1181

00:51:41,530 --> 00:51:40,160

people you know don't believe what I say

1182

00:51:42,700 --> 00:51:41,540

this you know even you don't even

1183

00:51:44,290 --> 00:51:42,710

believe the Course in Miracles if you

1184

00:51:45,520 --> 00:51:44,300

don't want but put into practice and

1185

00:51:48,490 --> 00:51:45,530

then you tell me tell me what you think

1186

00:51:50,410 --> 00:51:48,500

because I think that when you begin to

1187

00:51:52,270 --> 00:51:50,420

understand these principles but more

1188

00:51:54,010 --> 00:51:52,280

than just understand them you live them

1189

00:51:56,770 --> 00:51:54,020

fully with your relationship with

1190

00:51:59,050 --> 00:51:56,780

yourself and hence the relationship with

1191

00:52:01,780 --> 00:51:59,060

others you will begin to live a life

1192

00:52:03,940 --> 00:52:01,790

like no other and I'm testimony to that

1193

00:52:05,530 --> 00:52:03,950

because like every like everyone you

1194

00:52:08,140 --> 00:52:05,540

know I could relate to suffering I could

1195

00:52:09,580 --> 00:52:08,150

relate to you know having ups and downs

1196

00:52:12,040 --> 00:52:09,590

like one day I'll feel good and then the

1197

00:52:12,490 --> 00:52:12,050

next day I'll feel down and I realized

1198

00:52:14,260 --> 00:52:12,500

that

1199

00:52:16,810 --> 00:52:14,270

with the spiritual practice and

1200

00:52:18,390 --> 00:52:16,820

consistency and setting my intentions

1201
00:52:21,040 --> 00:52:18,400
right what you were saying earlier

1202
00:52:24,850 --> 00:52:21,050
there's a stability in my life a

1203
00:52:26,410 --> 00:52:24,860
stability in my life so yeah in parallel

1204
00:52:29,620 --> 00:52:26,420
with you that's exactly what happened to

1205
00:52:31,810 --> 00:52:29,630
me many years ago when my girlfriend of

1206
00:52:35,020 --> 00:52:31,820
ten years left and I was in that well

1207
00:52:36,250 --> 00:52:35,030
gosh that dark sticky place of a friend

1208
00:52:37,780 --> 00:52:36,260
of mine or acquaintances at the time

1209
00:52:39,550 --> 00:52:37,790
said Keith let me offer you some ideas

1210
00:52:41,140 --> 00:52:39,560
he whispered these metaphysical things

1211
00:52:43,630 --> 00:52:41,150
in my ear and says I don't expect you to

1212
00:52:45,610 --> 00:52:43,640
believe them if I said in fact I don't

1213
00:52:47,500 --> 00:52:45,620

believe them but you put into practice

1214

00:52:49,540 --> 00:52:47,510

the things I'm telling you and watch

1215

00:52:53,050 --> 00:52:49,550

what happens that day that week that

1216

00:52:55,080 --> 00:52:53,060

month that year I curved back within

1217

00:52:57,400 --> 00:52:55,090

myself that feedback loop and then

1218

00:52:59,890 --> 00:52:57,410

miracles were happening left and right

1219

00:53:01,420 --> 00:52:59,900

and of course the more you believe when

1220

00:53:02,770 --> 00:53:01,430

you see something like that your

1221

00:53:04,930 --> 00:53:02,780

conviction goes up and when your

1222

00:53:06,520 --> 00:53:04,940

conviction goes up more of the outside

1223

00:53:08,650 --> 00:53:06,530

reflects that and when they reflects

1224

00:53:11,680 --> 00:53:08,660

that your conviction goes up and this

1225

00:53:13,960 --> 00:53:11,690

back-and-forth dynamic begins to expand

1226

00:53:16,360 --> 00:53:13,970

and next thing you know you know a year

1227

00:53:20,260 --> 00:53:16,370

or so into your life from doing the

1228

00:53:22,210 --> 00:53:20,270

requisite work in our space your life

1229

00:53:26,110 --> 00:53:22,220

but you won't even recognize the person

1230

00:53:29,410 --> 00:53:26,120

that you were in your recent past just

1231

00:53:31,750 --> 00:53:29,420

before you done what is required of you

1232

00:53:33,790 --> 00:53:31,760

to become a peaceful blissful individual

1233

00:53:35,320 --> 00:53:33,800

Maria we have be coming to the top of

1234

00:53:38,410 --> 00:53:35,330

the hour which is the end of the show

1235

00:53:42,100 --> 00:53:38,420

sadly because I love your presence where

1236

00:53:43,930 --> 00:53:42,110

did you give us a final thought i would

1237

00:53:45,370 --> 00:53:43,940

like to share actually a prayer that i

1238

00:53:48,130 --> 00:53:45,380

love from the course of miracles which i

1239

00:53:51,930 --> 00:53:48,140

find helpful please and it goes like

1240

00:53:56,340 --> 00:53:51,940

this i am here only to be truly helpful

1241

00:54:00,220 --> 00:53:56,350

I'm here to represent him who sent me I

1242

00:54:03,430 --> 00:54:00,230

don't have to worry about what to say or

1243

00:54:07,090 --> 00:54:03,440

what to do because he who sent me will

1244

00:54:09,370 --> 00:54:07,100

direct me I am content to be wherever he

1245

00:54:12,670 --> 00:54:09,380

wishes is knowing he goes there with me

1246

00:54:18,100 --> 00:54:12,680

I will be healed as I let him teach me

1247

00:54:29,660 --> 00:54:21,830

very very very awesome what is got to

1248

00:54:32,960 --> 00:54:29,670

you God to me is divine it's a presence

1249

00:54:34,760 --> 00:54:32,970

within me that is bigger than this body

1250

00:54:37,760 --> 00:54:34,770

that can even you can't even put it into

1251
00:54:39,890 --> 00:54:37,770
words because it's so great yeah because

1252
00:54:41,450 --> 00:54:39,900
it's so great it has nothing to do with

1253
00:54:43,160 --> 00:54:41,460
littleness at all it's just that goes

1254
00:54:46,610 --> 00:54:43,170
beyond the cells in my body it's bigger

1255
00:54:49,190 --> 00:54:46,620
than anything and it's something I feel

1256
00:54:51,500 --> 00:54:49,200
that can't really be soaking in a word

1257
00:54:54,170 --> 00:54:51,510
it's experience fully when you're

1258
00:54:56,090 --> 00:54:54,180
willing to be when you're willing to you

1259
00:54:57,830 --> 00:54:56,100
know I've often play with the idea every

1260
00:55:00,400 --> 00:54:57,840
once in a while I'll watch Oprah and add

1261
00:55:03,050 --> 00:55:00,410
the enema she'll she'll ask her guests

1262
00:55:06,290 --> 00:55:03,060
what is God to you and I've often

1263
00:55:09,200 --> 00:55:06,300

pictured not if but when i appear on the

1264

00:55:10,670 --> 00:55:09,210

bruschetta when she puts that question

1265

00:55:13,790 --> 00:55:10,680

to me i'm just gonna stand up and give

1266

00:55:16,910 --> 00:55:13,800

her a hug do you remember the movie you

1267

00:55:18,830 --> 00:55:16,920

remember the movie cocoon i do and you

1268

00:55:20,660 --> 00:55:18,840

know within those cocoons i feel that

1269

00:55:22,340 --> 00:55:20,670

that that presence were in there that

1270

00:55:24,620 --> 00:55:22,350

were always taken care of you know that

1271

00:55:26,270 --> 00:55:24,630

we're in that space and we're perfect

1272

00:55:28,430 --> 00:55:26,280

cone complete and that we're completely

1273

00:55:30,860 --> 00:55:28,440

taken care of within that space is I

1274

00:55:34,070 --> 00:55:30,870

feel what what God is it's just it we're

1275

00:55:35,210 --> 00:55:34,080

always we're always in it and you can't

1276

00:55:38,120 --> 00:55:35,220

describe it because it's what we are

1277

00:55:39,620 --> 00:55:38,130

it's exactly what we are before we go

1278

00:55:41,540 --> 00:55:39,630

Maria would you give out your contact

1279

00:55:44,870 --> 00:55:41,550

information once again so our listeners

1280

00:55:47,390 --> 00:55:44,880

can find you and your awesomeness yes

1281

00:55:51,490 --> 00:55:47,400

thank you so much you can reach me at my

1282

00:55:56,000 --> 00:55:51,500

website which is Maria Felipe's org and

1283

00:56:00,650 --> 00:55:56,010

YouTube is Maria coconut TV I would love

1284

00:56:03,050 --> 00:56:00,660

to have you all subscribe to on my

1285

00:56:06,200 --> 00:56:03,060

website Maria Felipe's org for my

1286

00:56:07,910 --> 00:56:06,210

spiritual newsletter everybody a lot of

1287

00:56:09,620 --> 00:56:07,920

people find it helpful so if you feel

1288

00:56:12,590 --> 00:56:09,630

free to sign up and I'll get those to

1289

00:56:15,020 --> 00:56:12,600

you right away so thank you buying

1290

00:56:18,140 --> 00:56:15,030

that's a very awesome looking website I

1291

00:56:20,840 --> 00:56:18,150

know I wasn't sure if I would mention it

1292

00:56:25,220 --> 00:56:20,850

or not if I could find was it but yes

1293

00:56:27,470 --> 00:56:25,230

keep did my website haha thank you that

1294

00:56:30,350 --> 00:56:27,480

door back door the center of light radio

1295

00:56:32,870 --> 00:56:30,360

door swings open to you anytime love

1296

00:56:35,330 --> 00:56:32,880

thank you it was a pleasure and it was

1297

00:56:37,970 --> 00:56:35,340

very how they say it's rewarding because

1298

00:56:40,220 --> 00:56:37,980

it's in alignment to to what I'm sharing

1299

00:56:43,580 --> 00:56:40,230

in the world so thank you for the inner

1300

00:56:46,250 --> 00:56:43,590

space for the interface chat with you

1301
00:56:47,870 --> 00:56:46,260
soon everyone Maria Felipe what a

1302
00:56:49,940 --> 00:56:47,880
wonderful guest here instead of light

1303
00:56:52,250 --> 00:56:49,950
radio before we close the show in a

1304
00:56:55,190 --> 00:56:52,260
region a little bit just a bit ago Maria

1305
00:56:56,480 --> 00:56:55,200
was talking about contrast this is a

1306
00:56:58,280 --> 00:56:56,490
chap from the chapter of the Divine

1307
00:57:02,090 --> 00:56:58,290
Principle it's called sandwiched between

1308
00:57:04,370 --> 00:57:02,100
God and the devil fear contracts love

1309
00:57:08,420 --> 00:57:04,380
expands fear works from outside to

1310
00:57:11,000 --> 00:57:08,430
inside love from inside to outside fear

1311
00:57:14,180 --> 00:57:11,010
is the taker it draws everything into

1312
00:57:16,520 --> 00:57:14,190
itself and gives nothing fear takes what

1313
00:57:20,000 --> 00:57:16,530

it can when it can to feed a hunger that

1314

00:57:22,670 --> 00:57:20,010

can never be satisfied fairtrade

1315

00:57:25,850 --> 00:57:22,680

judgments which creates separation all

1316

00:57:28,790 --> 00:57:25,860

that love does is give it nourishes

1317

00:57:32,180 --> 00:57:28,800

itself yet has infinite leftovers to

1318

00:57:34,910 --> 00:57:32,190

offer everyone in everything love is

1319

00:57:37,520 --> 00:57:34,920

never hungry love creates acceptance

1320

00:57:42,290 --> 00:57:37,530

which creates unity love is a fountain

1321

00:57:43,580 --> 00:57:42,300

of wealth that is endless eternal Chief

1322

00:57:45,830 --> 00:57:43,590

Anthony Blanchard here with centre of

1323

00:57:48,650 --> 00:57:45,840

light radio make sure you join me next

1324

00:57:50,660 --> 00:57:48,660

week with my guest on your truck and

1325

00:57:52,520 --> 00:57:50,670

we're going to be call the show is going

1326

00:57:54,650 --> 00:57:52,530

to be called opening love I'm looking

1327

00:57:56,360 --> 00:57:54,660

forward to that show I got some really

1328

00:57:58,220 --> 00:57:56,370

cool powerful guests coming down the

1329

00:58:00,530 --> 00:57:58,230

pike make sure you stay tuned to your

1330

00:58:04,040 --> 00:58:00,540

center of light radio Monday night 6

1331

00:58:06,950 --> 00:58:04,050

p.m. eastern daylight time make sure you

1332

00:58:09,710 --> 00:58:06,960

go to centre of light radio com for all

1333

00:58:13,190 --> 00:58:09,720

you Keith Anthony Blanchard cool stuff

1334

00:58:14,990 --> 00:58:13,200

that you can find there you remember

1335

00:58:19,180 --> 00:58:15,000

when you lay down for bed at night you

1336

00:58:23,810 --> 00:58:19,190

take those breaths the intention

1337

00:58:26,540 --> 00:58:23,820

I'm shifting to inner space who you

1338

00:58:31,490 --> 00:58:26,550

truly are lies just behind that breath